ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic Data						
Module Title	Supporting and Managing Those at Risk of Suicide					
Module Code	UZZRXT-20-3		Level	3	Version	1
Owning Faculty	Health and Applied Sciences		Field	Mental Health and Learning Disabilities		
Department	Nursing and Midwifery					
Contributes towards	BSc(Hons) Specialist Practice, BSc(Hons) Professional Development, BSc (Hons) Professional Studies; MSc Specialist Practice, MSc Professional Development, MSc Advanced Practice					
UWE Credit Rating	20	ECTS Credit Rating	10	Module Type	Standard	
Pre-requisites	None		Co- requisites	None		
Excluded Combinations	UZZRUS-20-M Supporting and Managing Those at Risk of Suicide		Module Entry requirements	CPD or stand alone. This unit of learning is of use to those working in health or social care settings.		
Valid From	April 2016		Valid to			

CAP Approval Date	

Part 2: Learning and Teaching
Learning Outcomes

Learning Outcomes	1. Explore prevalence and changing trends of self-harm and suicide, from local, national and global perspectives, whilst examining ethical and legal considerations (Component A and B). **2.** Analyse contemporary suicide prevention strategies and initiatives, including literature on risk and suicide and the lessons learnt from inquiries (Component A and B). 3. Demonstrate an in depth knowledge of implementing evidence based risk assessments, risk and crisis management plans, in collaboration with service users and carers and colleagues from inter-professional and interagency organisations (Component A and B). 4. Recognise perspectives of service users, families, carers and colleagues in supporting mental wellbeing and the principles and practice of recovery, recognising how personal, professional, service user and carer dynamics can impact on partnership working(Component A and B).

Syllabus Outline	**Suicide Awareness** Demographics and epidemiology of suicide, suicidal behaviour Groups at risk of suicide Suicide and suicidal behaviour across the lifespan. Suicide prevention – key concepts Factors contributing to suicide **Theories related to suicide** Biological models Psychological models Social/cultural models **Supporting people experiencing suicidal thoughts** Suicide risk assessment skills Characteristics of suicidal thought and behaviour Crisis intervention: hospital, voluntary (Samaritans/listeners), Principles of engagement and intervention. Maximising therapeutic outcome. Engaging with a person who has attempted to complete suicide Suicide bereavement support (Postvention)
Contact Hours	A maximum of 48 contact hours will be face to face learning with a lecturer, class room discussion on topics, and smaller group work with fellow students.
Teaching and Learning Methods	Lectures, seminars, group work, problem solving exercises, critical review of research and policy, utilisation of prior knowledge, critical reflection and challenge from peers. Independent work will include pre reading and preparation for assessment.
Reading Strategy	**Core readings** Any essential reading will be indicated clearly, along with the method for accessing it, e.g. students may be required to purchase a set text, be given a print study pack or be referred to texts that are available electronically or in the library. Module guides will also reflect the range of reading to be carried out. **Further readings** Further reading will be required to supplement the set text and other printed readings. Students are expected to identify all other reading relevant to their chosen topic for themselves. They will be required to read widely using the library search, a variety of bibliographic and full text databases, and Internet resources. Many resources can be accessed remotely. The purpose of this further reading is to ensure students are familiar with current research, classic works and material specific to their interests from the academic literature. **Access and skills** Students will be presented with further opportunities within the curriculum to develop their information retrieval and evaluation skills in order to identify such resources effectively. Additional support is available through the Library Services web pages, including interactive tutorials on finding books and journals, evaluating information and referencing. Sign up workshops are also offered by the Library. Students will be directed to reading which is available in a number of formats. The expectation is that students will read widely by identifying relevant material using module handbook, library catalogue and resources.
Indicative Reading List	The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. Relevancy of information may change prior to beginning the module, however this will be taken into account by there being a contemporary reading list available when starting the module. Chehil, S. and Kutcher, S.P. (2012). *Suicide risk management: a manual for health professionals (2nd ed)*. Wiley-Blackwell: Oxford.

Department of Health Statistics and Information Systems, World Health Organisation (2014). *WHO methods and data sources for country-level causes of death 2000-2012.* World Health Organisation: Geneva.

Department of Health (2012). *Preventing suicide in England: A cross-government outcomes strategy to save lives.* Department of Health: London.

Godin, P. (2006) *Risk and Nursing Practice*. Hampshire: Palgrave MacMillan.

Heyman, B.; Shaw, M.; Alaszewski, and Titterton, M. (2010) *Risk safety and clinical practice: health care through the lens of risk*. Oxford: Oxford University Press.

Kemshall, H. and Wilkinson, B. (2011) *Good practices in assessing risk; current knowledge issues and approaches.* London: Jessica Kingsley Publishers.

O'Connor, R.C., Platt, S. and Gordon, J. (2011). *International handbook of suicide prevention: research, policy and practice*. Wiley-Blackwell: Oxford.
White, T. (2011). *Working with suicidal individuals: a guide to providing understanding, assessment, and support*. Jessica Kingsley: London.

World Health Organisation (2001) *The World Health Report 2001: Mental health new understanding, new hope*. WHO: Geneva.

Part 3: Assessment

Assessment Strategy	Assessment will be a 15 minute case-based presentation with a 1000 word action plan. In the case-based presentation, students will explore, in depth, one of the following in relation to their case study; • Ethical issues • Risk taking • Risk Assessment • Psycho social aspects • Stress and distress The presentation will include 10 minutes for the presentation and 5 minutes for questions The 1000 word action plan will examine how the students own practice will be enhanced and developed when supporting suicidal individuals in the future.

Identify final assessment component and element	**Component A**	
	A:	**B**:
% weighting between components A and B (Standard modules only)	**50%**	**50%**

First Sit	
Component A (controlled conditions) **Description of each element**	**Element weighting**
1. 15 minute oral presentation	**50%**
Component B **Description of each element**	**Element weighting**
2. 1000 word action plan	**50%**
Resit (further attendance at taught classes is not required)	

Component A (controlled conditions) Description of each element	Element weighting
1. 15 minute oral presentation	**50%**
Component B Description of each element	
2. 1000 word action plan	**50%**

If a student is permitted an **EXCEPTIONAL RETAKE** of the module the assessment will be that indicated by the Module Description at the time that retake commences.