



Module Specification

Supporting and Managing Those at Risk of Suicide

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Part 1: Information

Module title: Supporting and Managing Those at Risk of Suicide

Module code: UZZRXT-20-3

Level: Level 6

For implementation from: 2023-24

UWE credit rating: 20

ECTS credit rating: 10

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Mental Health and Learning Disability

Module type: Module

Pre-requisites: None

Excluded combinations: Supporting and Managing Those at Risk of Suicide 2023-24

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Module Entry Requirements: CPD or stand alone. This unit of learning is of use to those working in health or social care settings.

Educational aims: See Learning Outcomes.

Outline syllabus: Suicide Awareness:

Demographics and epidemiology of suicide, suicidal behaviour

Groups at risk of suicide

Suicide and suicidal behaviour across the lifespan

Suicide prevention – key concepts

Factors contributing to suicide

Theories related to suicide:

Biological models

Psychological models

Social/cultural models

Supporting people experiencing suicidal thoughts:

Suicide risk assessment skills

Characteristics of suicidal thought and behaviour

Crisis intervention: hospital, voluntary (Samaritans/listeners)

Principles of engagement and intervention

Maximising therapeutic outcome

Engaging with a person who has attempted to complete suicide

Suicide bereavement support (Postvention)

Part 3: Teaching and learning methods

Teaching and learning methods: Lectures, seminars, group work, problem solving exercises, critical review of research and policy, utilisation of prior knowledge, critical reflection and challenge from peers.

Independent work will include pre reading and preparation for assessment.

A maximum of 48 contact hours will be face to face learning with a lecturer, class room discussion on topics, and smaller group work with fellow students.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Explore prevalence and changing trends of self-harm and suicide, from local, national and global perspectives, whilst examining ethical and legal considerations

MO2 Analyse contemporary suicide prevention strategies and initiatives, including literature on risk and suicide and the lessons learnt from inquiries

MO3 Demonstrate an in depth knowledge of implementing evidence based risk assessments, risk and crisis management plans, in collaboration with service users and carers and colleagues from inter-professional and interagency organisations

MO4 Recognise perspectives of service users, families, carers and colleagues in supporting mental wellbeing and the principles and practice of recovery, recognising how personal, professional, service user and carer dynamics can impact on partnership working

Hours to be allocated: 200

Contact hours:

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

Total = 200

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzzrxt-20-3.html) via the following link <https://uwe.rl.talis.com/modules/uzzrxt-20-3.html>

Part 4: Assessment

Assessment strategy: Assessment will be a 15 minute case-based presentation with a 1000 word action plan.

In the case-based presentation, students will explore, in depth, one of the following

in relation to their case study;

Ethical issues

Risk taking

Risk Assessment

Psycho social aspects

Stress and distress

The presentation will include 10 minutes for the presentation and 5 minutes for questions.

The 1000 word action plan will examine how the students own practice will be enhanced and developed when supporting suicidal individuals in the future.

Assessment tasks:

Presentation (First Sit)

Description: 15 minute oral presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Written Assignment (First Sit)

Description: 1000 word action plan

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Presentation (Resit)

Description: 15 minute oral presentation

Weighting: 50 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Written Assignment (Resit)

Description: 1000 word action plan

Weighting: 50 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study: