

## **MODULE SPECIFICATION**

| Part 1: Information       |   |                               |                    |                           |  |  |
|---------------------------|---|-------------------------------|--------------------|---------------------------|--|--|
| Module Title              | Complex Issues in Musculoskeletal and Neurological Physiotherapy Practice |                               |                    |                           |  |  |
| Module Code               | UZYSYC-30-3   |                               | Level              | Level 6                   |  |  |
| For implementation from   | 2020-   | 21                            |                    |                           |  |  |
| UWE Credit Rating         | 30  |                               | ECTS Credit Rating | 15                        |  |  |
| Faculty                   |   | ty of Health &<br>ed Sciences | Field              | Allied Health Professions |  |  |
| Department                | HAS Dept of Allied Health Professions                                     |                               |                    |                           |  |  |
| Module type:              | Standard  |                               |                    |                           |  |  |
| Pre-requisites            |   | None                          |                    |                           |  |  |
| Excluded Combinations     |   | None                          |                    |                           |  |  |
| Co- requisites            |   | None                          |                    |                           |  |  |
| Module Entry requirements |   | None                          |                    |                           |  |  |

## Part 2: Description

Educational Aims: See Learning Outcomes.

**Outline Syllabus:** This module will focus on the physiotherapeutic management of complex cases, apply and develop knowledge and skills from both neurological and musculoskeletal practice and advance understanding of contemporary and evidence-based interventions for the management of complex neuro musculoskeletal conditions. It will develop the use of the biopsychosocial model to inform patient management and the integration of clinical reasoning and evidence to support treatment plans.

Complex neurological and musculoskeletal conditions that will be addressed in this module include: non-specific low back pain, pain management in conditions such as whiplash or work-related upper limb disorders or multiple joint conditions, head injury or other neurosurgical conditions, conversion disorder and musculo/neuropathic conditions.

A range of contemporary physiotherapy treatments appropriate for use with the various conditions will be considered and critically evaluated including manual therapy, exercise strategies, electro-physical modalities, rehabilitative techniques such as constraint-induced movement therapy and repetitive training. Innovative developments in treatments such as in electrotherapy and use of robotic intervention will be considered.

## STUDENT AND ACADEMIC SERVICES

**Teaching and Learning Methods:** Lectures provide an introduction and summary of the topic area. Seminars/group work include discussion and use of information provided to support learning.

Additionally, students are expected to engage in self - study. Their study time will be required to research and critically appraise information and to prepare for the module assessments.

Scheduled learning includes lectures, seminars, practical skills sessions.

Independent learning includes hours engaged with essential reading, poster preparation linking with the management approach selected for review. Use of practical experience gleaned whilst on placements will also be required to support discussion during the module.

Contact Hours: Up to 72 contact hours over semester 1 and 2

## Part 3: Assessment

Two components of assessment are included in this module to encourage students to develop their knowledge and understanding of both complex neurological and musculoskeletal conditions.

Component A will require students to synthesize and critically summarise information about the management of a complex musculoskeletal condition into a poster. Key to this assessment is the defence of the poster which will enable students to demonstrate clinical reasoning, critical judgement and reflection. It will also show their understanding of contemporary issues in the management of complex musculoskeletal conditions.

In component B, students will address the management of a complex neurological condition and demonstrate ability to critically discuss and justify treatment and management options in a written format. The essay submission (2500 words) will promote student led enquiry to research and review current evidence. It will encourage a deeper level of learning with emphasise on critically interpreting and applying the information in a written task.

| First Sit Components                | Final<br>Assessment | Element<br>weighting | Description   |
|-------------------------------------|---------------------|----------------------|---|
| Presentation - Component A          |                     | 50 %                 | Defence of a poster presentation (up to 30 minutes) |
| Written Assignment -<br>Component B | <b>✓</b>            | 50 %                 | Written essay (2500 words)                          |
| Resit Components                    | Final<br>Assessment | Element<br>weighting | Description   |
| Presentation - Component A          |                     | 50 %                 | Defence of a poster presentation (up to 30 minutes) |
| Written Assignment -<br>Component B | ✓                   | 50 %                 | Written essay (2500 words)                          |

|                      | Part 4: Teaching and Learning Methods   |               |            |  |  |
|----------------------|---|---------------|------------|--|--|
| Learning<br>Outcomes | On successful completion of this module students will achieve the following   | wing learning | outcomes:  |  |  |
|                      | Module Learning Outcomes  |               | Reference  |  |  |
|                      | Explore the opportunities and challenges of physiotherapy assessment management in complex chronic neurological and musculoskeletal co                          |               | MO1        |  |  |
|                      | Justify safe, effective and appropriate treatment techniques in the management of complex neurological and musculoskeletal cases                                |               |            |  |  |
|                      | Discuss critically evidence based practice and the use of outcome me complex neuro - musculoskeletal conditions   |               | MO3<br>MO4 |  |  |
|                      | Produce evidence of well supported clinical reasoning based on rational interpretation of available information   |               |            |  |  |
|                      | Provide a range of valid alternative responses to situations and discrir evaluate the responses in a critical way   |               | MO5<br>MO6 |  |  |
|                      | Critically appraise the role of the physiotherapist and multi - disciplinary team in chronic pain management and other complex neuro-musculoskeletal conditions |               |            |  |  |
|                      | Evaluate the research findings in relation to the treatment of complex and musculoskeletal conditions   |               | MO7        |  |  |
|                      | Demonstrate reflective practice to underpin personal and professional development when working with patients with complex conditions                            | l             | MO8        |  |  |
| Contact<br>Hours     | Independent Study Hours:  |               |            |  |  |
|                      | Independent study/self-guided study   | 22            |            |  |  |
|                      | Total Independent Study Hours:  | 22            | 28         |  |  |
|                      | Scheduled Learning and Teaching Hours:  |               |            |  |  |
|                      | Face-to-face learning 7   |               |            |  |  |
|                      | Total Scheduled Learning and Teaching Hours:  | 7             | 2          |  |  |
|                      | Hours to be allocated   |               |            |  |  |
|                      | Allocated Hours 30  |               |            |  |  |
| Reading<br>List      | The reading list for this module can be accessed via the following link:  |               |            |  |  |
|                      | https://uwe.rl.talis.com/modules/uzysyc-30-3.html   |               |            |  |  |

| Part 5: Contributes Towards  |
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| This module contributes towards the following programmes of study: |
| Physiotherapy [Sep][FT][Glenside][3yrs] BSc (Hons) 2018-19         |