



MODULE SPECIFICATION

Part 1: Information			
Module Title	Psychodynamic Counselling Skills		
Module Code	USPKJ9-30-1	Level	Level 4
For implementation from	2020-21		
UWE Credit Rating	30	ECTS Credit Rating	15
Faculty	Faculty of Health & Applied Sciences	Field	Psychology
Department	HAS Dept of Health & Social Sciences		
Module type:	Professional Practice		
Pre-requisites	None		
Excluded Combinations	None		
Co- requisites	Person Centred Counselling Skills 2020-21		
Module Entry requirements	None		

Part 2: Description
<p>Features: Module Entry Requirements: Enrolment on Certificate in Counselling Skills.</p> <p>Educational Aims: See Learning Outcomes.</p> <p>Outline Syllabus: Psychodynamic theory and attachment theory. This will include an introductory overview, and sessions which focus on working with transference and countertransference; containment and boundaries; defence mechanisms, working with metaphor and symbol, and an overview of attachment theory across the life cycle.</p> <p>Understanding group theory and process. Students will work in the first two sessions in small groups exploring personal material to enable experiential understanding of the theory (group and individual processes) that will be covered.</p> <p>Supervision. Students will present an example of their counselling skills work in a group of peers and tutor to explore and receive supervision of their practice.</p> <p>Teaching and Learning Methods: Scheduled learning: Lectures which will include experiential exercises and demonstrations, participation in experiential groups ; skills practice ; peer support meetings, supervision .</p>

STUDENT AND ACADEMIC SERVICES

Independent learning: Essential reading, case study preparation, assignment preparation and completion etc. (approximately 181 hrs).

Learning is supported by resources available on Blackboard.

Placement learning: It is a pre-requisite for the Certificate in Counselling Skills that students are in a paid employment or voluntary work setting where they will have an opportunity to practise counselling skills.

This module consists of 43 hours teaching, plus 12 hours independent peer support and includes a broad range of teaching activities, including lectures, participation in an experiential group, skills practice, tutorials, demonstrations and experiential exercises. This enables students to integrate their theoretical learning with their practice and to understand the importance of self-awareness and being reflective in their use of counselling skills.

1 hr per week Peer support meeting. To give students an experience of co-counselling and to develop self-reflection and awareness.

Part 3: Assessment

The programme employs a range of assessment formats, including essays, reflections on practice and self and peer assessment.

Summative assessments:

This will consist of a portfolio containing:

A record of peer support meetings

Skills record feedback (including peer and tutor observation)

Supervision Assessment

Reflective essay on personal learning and self-awareness

(This will map to Learning Outcomes 2,3,4 and 5)

And

Psychodynamic essay (2000 words)

(This will map to Learning Outcome 1)

These assessments are equivalent to those for the Gestalt Counselling Skills option.

Formative assessments:

Students will have experience throughout the course of giving and receiving feedback on their skills practice which will prepare them for the self-reflective, personal learning elements of the essays and supervision case presentations. There will also be opportunities in class to discuss theoretical understanding and to talk about what is expected regarding meeting the assessment criteria etc.

First Sit Components	Final Assessment	Element weighting	Description
Written Assignment - Component B		100 %	Psychodynamic essay (2000 words)
Portfolio - Component A	✓	0 %	Portfolio Pass/Fail
Resit Components	Final Assessment	Element weighting	Description
Portfolio - Component A	✓	0 %	Portfolio Pass/Fail
Written Assignment - Component B		100 %	Psychodynamic essay (2000 words)

STUDENT AND ACADEMIC SERVICES

Part 4: Teaching and Learning Methods																							
Learning Outcomes	<p>On successful completion of this module students will achieve the following learning outcomes:</p> <table border="1"> <thead> <tr> <th style="text-align: left;">Module Learning Outcomes</th> <th style="text-align: left;">Reference</th> </tr> </thead> <tbody> <tr> <td>Understand the main theoretical and practical features of a psychodynamic approach</td> <td>MO1</td> </tr> <tr> <td>Demonstrate the safe and competent use of counselling skills</td> <td>MO2</td> </tr> <tr> <td>Make constructive use of supervision</td> <td>MO3</td> </tr> <tr> <td>Understand the basic principles of group processes</td> <td>MO4</td> </tr> <tr> <td>Show an awareness of diversity in relation to counselling skills practice</td> <td>MO5</td> </tr> </tbody> </table>	Module Learning Outcomes	Reference	Understand the main theoretical and practical features of a psychodynamic approach	MO1	Demonstrate the safe and competent use of counselling skills	MO2	Make constructive use of supervision	MO3	Understand the basic principles of group processes	MO4	Show an awareness of diversity in relation to counselling skills practice	MO5										
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Reading List	<p>The reading list for this module can be accessed via the following link: https://uwe.rl.talis.com/modules/uspj9-30-1.html</p>																						

Part 5: Contributes Towards	
<p>This module contributes towards the following programmes of study:</p> <p>Counselling Skills [Sep][PT][Frenchay][1yr] Cert 2020-21</p>	