

### MODULE SPECIFICATION

| Part 1: Basic Data    |  |                           |                   |             |     |
|-----------------------|--|---------------------------|-------------------|-------------|-----|
| Module Title          | Sports Injury Assessment   |                           |                   |             |     |
| Module Code           | UISV4D-15-3  | Level                     | 3                 | Version     | 2.0 |
| UWE Credit Rating     | 15   | ECTS Credit Rating        | 7.5               | WBL module? | No  |
| Owning Faculty        | Hartpury   | Field                     | Sport Science     |             |     |
| Department            | Sport  | Module Type               | Standard          |             |     |
| Contributes towards   | BSc (Hons) Equestrian Sports Science<br>BSc (Hons) Sport and Exercise Sciences<br>BSc (Hons) Sport and Exercise Sciences (SW)<br>BSc (Hons) Sport Performance<br>BSc (Hons) Sports Studies |                           |                   |             |     |
| Pre-requisites        | Introduction to Functional Anatomy and Sports Biomechanics (UISXL8-30-1)<br>OR Fundamentals of Sports Performance (UISXL6-15-1)  | Co- requisites            | None              |             |     |
| Excluded Combinations | None   | Module Entry requirements | None              |             |     |
| Valid From            | 01 September 2015<br>V1.2- 01 September 2018<br>V2.0- 01 September 2018  | Valid to                  | 01 September 2024 |             |     |

|                          |  |
|--------------------------|--|
| <b>CVC Approval Date</b> | 12 January 2015<br>V1.2- 13 February 2018<br>V2.0- 02 May 2018 |
|--------------------------|--|

| Part 2: Learning and Teaching              |  |  |    |                          |   |                        |     |              |            |
|--|--|--|----|--------------------------|---|------------------------|-----|--------------|------------|
| Learning Outcomes                          | On successful completion of this module students will be able to: <ol style="list-style-type: none"> <li>Critically evaluate the aetiological classification of sports injuries. (A)</li> <li>Provide a detailed appraisal of the common sports injuries and demonstrate an appreciation of areas of uncertainty and the limits of knowledge. (A)</li> <li>Demonstrate a systematic understanding of the physiological responses to injury of soft tissue and bone and differentiate between them based on acquisition of detailed knowledge informed by the forefront of the discipline. (A)</li> </ol> |  |    |                          |   |                        |     |              |            |
| Syllabus Outline                           | <ul style="list-style-type: none"> <li>Physiological response to injury and recovery in relation to the healing process</li> <li>Common sports injuries of the upper and lower limbs</li> <li>Classification of sports injuries</li> <li>Assessment of sports injuries</li> </ul>  |  |    |                          |   |                        |     |              |            |
| Contact Hours                              | Indicative delivery modes: <table style="width: 100%; border: none;"> <tr> <td style="padding-left: 20px;">• Lectures, guided learning, seminars etc.</td> <td style="text-align: right;">33</td> </tr> <tr> <td style="padding-left: 20px;">• Self directed learning</td> <td style="text-align: right;">3</td> </tr> <tr> <td style="padding-left: 20px;">• Independent learning</td> <td style="text-align: right;">114</td> </tr> <tr> <td><b>TOTAL</b></td> <td style="text-align: right;"><b>150</b></td> </tr> </table>   | • Lectures, guided learning, seminars etc. | 33 | • Self directed learning | 3 | • Independent learning | 114 | <b>TOTAL</b> | <b>150</b> |
| • Lectures, guided learning, seminars etc. | 33   |  |    |                          |   |                        |     |              |            |
| • Self directed learning                   | 3  |  |    |                          |   |                        |     |              |            |
| • Independent learning                     | 114  |  |    |                          |   |                        |     |              |            |
| <b>TOTAL</b>                               | <b>150</b>   |  |    |                          |   |                        |     |              |            |

| Teaching and Learning Methods        | <p>This module is delivered using large group learning sessions and opportunities for small group work. Additionally essential and recommended reading and exercises will be introduced to guide the students through the core syllabus.</p> <p><b>Scheduled learning</b> includes lectures, seminars, tutorials, practical classes and workshops.</p> <p><b>Independent learning</b> includes hours engaged with essential reading, assignment preparation and completion etc.</p> <p><b>Virtual learning environment (VLE):</b> this specification is supported by a VLE where students will be able to find all necessary module information. Direct links to information sources will also be provided from within the VLE.</p>  |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
|--------------------------------------|--|-----------------------------------|-----------------------|-----------------|--|--|-----------------------------------|--|--|--|--|--|--|--|--|----|-----------------------|---|-------------------------|-----------------------|-----------------|-----|----|-----|---|-----|---------------------------------|--|------------------------------------|----|----------------------------------|----|--------------------------------------|------|--|------|
| Key Information Sets Information     | <p>Key Information Sets (KIS) are produced at programme level for all programmes that this module contributes to, which is a requirement set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.</p> <table border="1" data-bbox="472 763 1385 1153"> <thead> <tr> <th colspan="5">Key Information Set - Module data</th> </tr> </thead> <tbody> <tr> <td colspan="5">Number of credits for this module</td> </tr> <tr> <td colspan="4"></td> <td>15</td> </tr> <tr> <th>Hours to be allocated</th> <th>Scheduled learning and teaching study hours</th> <th>Independent study hours</th> <th>Placement study hours</th> <th>Allocated Hours</th> </tr> <tr> <td>150</td> <td>36</td> <td>114</td> <td>0</td> <td>150</td> </tr> </tbody> </table> <p>The table below indicates as a percentage the total assessment of the module which constitutes a -</p> <p><b>Written Exam:</b> Unseen written exam, open book written exam, In-class test<br/> <b>Coursework:</b> Written assignment or essay, report, dissertation, portfolio, project<br/> <b>Practical Exam:</b> Oral Assessment and/or presentation, practical skills assessment, practical exam</p> <p>Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:</p> <table border="1" data-bbox="584 1554 1278 1789"> <thead> <tr> <th colspan="2">Total assessment of the module:</th> </tr> </thead> <tbody> <tr> <td>Written exam assessment percentage</td> <td>0%</td> </tr> <tr> <td>Coursework assessment percentage</td> <td>0%</td> </tr> <tr> <td>Practical exam assessment percentage</td> <td>100%</td> </tr> <tr> <td></td> <td>100%</td> </tr> </tbody> </table> | Key Information Set - Module data |                       |                 |  |  | Number of credits for this module |  |  |  |  |  |  |  |  | 15 | Hours to be allocated | Scheduled learning and teaching study hours | Independent study hours | Placement study hours | Allocated Hours | 150 | 36 | 114 | 0 | 150 | Total assessment of the module: |  | Written exam assessment percentage | 0% | Coursework assessment percentage | 0% | Practical exam assessment percentage | 100% |  | 100% |
| Key Information Set - Module data    |  |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| Number of credits for this module    |  |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
|                                      |  |                                   |                       | 15              |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| Hours to be allocated                | Scheduled learning and teaching study hours  | Independent study hours           | Placement study hours | Allocated Hours |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| 150                                  | 36   | 114                               | 0                     | 150             |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| Total assessment of the module:      |  |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| Written exam assessment percentage   | 0%   |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| Coursework assessment percentage     | 0%   |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| Practical exam assessment percentage | 100%   |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
|                                      | 100%   |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |
| Reading Strategy                     | <p><b>Essential readings</b><br/> Any essential reading will be indicated clearly, along with the method for accessing it, e.g. students may be required to purchase a set text, be given a print study pack or be referred to texts that are available electronically or in the Library. Module guides will also reflect the range of reading to be carried out.</p> <p><b>Further readings</b><br/> Further reading will be required to supplement the set text and other printed readings.</p>  |                                   |                       |                 |  |  |                                   |  |  |  |  |  |  |  |  |    |                       |   |                         |                       |                 |     |    |     |   |     |                                 |  |                                    |    |                                  |    |                                      |      |  |      |

|                         |  |
|-------------------------|--|
|                         | <p>Students are expected to identify all other reading relevant to their chosen topic for themselves. They will be required to read widely using the library search, a variety of bibliographic and full text databases, and internet resources. Many resources can be accessed remotely. The purpose of this further reading is to ensure students are familiar with current research, classic works and material specific to their interests from their academic literature.</p> <p><b>Access and skills</b><br/> Formal opportunities for students to develop their library and information skills are provided within the induction period and student skills sessions. Additional support is available through online resources. This includes interactive tutorials on finding books and journals, evaluation information and referencing. Sign up workshops are also offered.</p>   |
| Indicative Reading List | <p>The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification. However, as indicated above, CURRENT advice on readings will be available via other more frequently updated mechanisms, including the module guide.</p> <p>Books</p> <p>Anderson, M.S., Hall, S. J. and Martin, M. (Current Edition) <i>Foundations of Athletics Training: Prevention, Assessment and Management</i>. Philadelphia, USA: Lippincott Williams and Williams.</p> <p>Bruckner, P. and Khan, K. (Current Edition) <i>Bruckner and Khan's Clinical Sports Medicine</i>. North Ryde: McGraw Hill Education.</p> <p>Franklyn, A., Falvey, E., McCorry, P. and Brukner, P. (Current Edition) <i>Clinical Sports Anatomy</i>. North Ryde: McGraw Hill Education.</p> <p>Petty, N. (Current Edition) <i>Neuromusculoskeletal Examination and Assessment</i>. Oxford: Churchill Livingstone Elsevier</p> <p>Schultz, S. J., Houglum, P.A. and Perrin, D. H. (Current Edition) <i>Examination of Musculoskeletal Injuries</i>. Champaign: Human Kinetics</p> <p>Journals</p> <p>British Journal of Sports Medicine</p> <p>Clinical Journal of Sports Medicine</p> <p>Physical Therapy in Sport</p> <p>Journal of Orthopaedic and Sports Therapy</p> <p>Sport and Exercise Injury</p> <p>Websites</p> <p>Sport Ex <a href="http://www.sportex.net">www.sportex.net</a></p> |

### Part 3: Assessment

|                     |  |
|---------------------|--|
| Assessment Strategy | <p>Assessment of knowledge and understanding is through a variety of formative and summative means in relation to professional body requirements and industry expectations. Students are assessed both on their practical skills and their underpinning knowledge. The oral presentation will assess underpinning knowledge such as the pathophysiology of soft tissue injuries and the healing process to various tissues of the body.</p> <p>Formative feedback and guidance can be gained in the module delivery, on the VLE, in tutorials and in the revision sessions. Summative feedback can be gained on presentation scripts, on examination scripts and on the VLE.</p> <p>In line with the College's commitment to facilitating equal opportunities, a student may apply for alternative means of assessment if appropriate. Each application will be considered on an individual basis taking into account learning and assessment needs. For further information regarding this please refer to the VLE.</p> |
|---------------------|--|

|  |                          |           |
|--|--------------------------|-----------|
| Identify final assessment component and element                                  | Oral Presentation        |           |
| % weighting between components A and B (Standard modules only)                   | <b>A:</b>                | <b>B:</b> |
|  | <b>100%</b>              | <b>0%</b> |
| <b>First Sit</b>   |                          |           |
| <b>Component A</b> (controlled conditions)<br><b>Description of each element</b> | <b>Element weighting</b> |           |
| 1. Oral Presentation (30 minutes)  | 100%                     |           |

|   |                          |  |
|---|--------------------------|--|
| <b>Resit (further attendance at taught classes is not required)</b>   |                          |  |
| <b>Component A</b> (controlled conditions)<br><b>Description of each element</b>  | <b>Element weighting</b> |  |
| 1. Oral Presentation (30 minutes)   | 100%                     |  |
| <p>If a student is permitted a retake of the module under the University Regulations and Procedures, the assessment will be that indicated by the Module Description at the time that retake commences.</p> |                          |  |