

# ACADEMIC SERVICES

## **MODULE SPECIFICATION**

		Part 1: Basi	c Data				
Module Title	Supporting Pati	ents with Atopic	Disease				
Module Code	UZTRWE-15-3		Level	3	Vers	sion	1
UWE Credit Rating	15 credits	ECTS Credit Rating	7.5	WBL modu	ıle?	No	
Owning Faculty	Health and Life Sciences		Field	Continuing Care Adult Nursing			
Department	Nursing and Midwifery		Module Type	Project			
Contributes towards	BSc (Hons) Nursing						
Pre-requisites	none		Co- requisites	none			
Excluded Combinations	Supporting patients with Atopic Disease UZTRWF-15-M		Module Entry requirements	none			
Valid From	January 2015		Valid to January 2021				

CAP Approval Date	20/11/2014

	Part 2: Learning and Teaching
Learning Outcomes	<ul> <li>On successful completion of this module and its assessment students will be able to:</li> <li>Critically discuss how the presenting signs and symptoms of common respiratory and dermatological conditions observed within clinical practice relate to altered(ing) anatomy and patho-physiology. (Component A)</li> <li>Consider how atopic physical disease can influence perception of self, impact upon body image and psychological wellbeing including acceptance within groups, career aspirations and the influence upon/with family and carers, across the lifespan. (Component A)</li> <li>Analyse and assess the clinical needs of atopic patients e.g. those with asthma, or chronic dermatitis/eczema - by referring to a case study (examples will be identified within the module) (Component A)</li> <li>Critically evaluate how you can influence service provision and clinical care for your client group. (Component A)</li> <li>Utilise a variety of assessment tools in identifying atopic patients' needs. (Component A)</li> <li>Apply reflective critical tools to help develop practice (or their future practice opportunities) to increase their skills required to care for atopic patients and their carers. (Component A)</li> </ul>
Syllabus Outline	It is anticipated that each day will have components of the following elements:  Pathophysiology Assessment Management Psychology of self

		Skills	approaches	
Day One	Immunological expression as a concept of genetic disease, the influence of perigenetics – epigenetics, environment and development upon immunological function. Immunological systems role in inflammation, IgE immunological response – cytokines and Th receptor, Filaggrin and gene mutation.			Acknowledgement that atopic disease directly informs life choices (such as occupation, friendship groups), location of home, work, inclusion within social settings, exclusion from opportunities, future career planning, expense of managing atopic disease
Day Two	Patho-physiology of the respiratory system. The structure and function of the cardio vascular and respiratory system. Pathology of respiratory disease e.g. asthma and Allergic component of Chronic Obstructive Pulmonary Disease, cystic fibrosis, upper airway cough syndrome, allergic rhinitis.	A range of methods for assessing patients with asthma, hay fever (allergic rhinitis), rhinitis.	Adopting suitable approaches to assessment. Acknowledging that these may be influenced by patient/service user's: age, social background, cultural and religious beliefs, health care setting, other diagnosed conditions, mental wellbeing and capacity to understand and engage with treatment regimens.	
Day Three	Patho-physiology of the skin. The structure and function of the skin including its role in thermoregulation, barrier to environmental opportunistic infections. Pathology of skin disease e.g. atopic eczema, contact dermatitis, contact allergy testing for Type IV allergic disease. Triggers – allergens endogenous versus exogenous disease.	A range of methods for assessing patients with, eczema, contact dermatitis.	Adopting suitable approaches to assessment. Acknowledging that these may be influenced by patient/service user's: age, social background, cultural and religious beliefs, health care setting, other diagnosed conditions, mental wellbeing and capacity to understand and engage with treatment regimens.	
Day Four	CAUGUITUUS GISEASE.		Non-pharmacological approaches such as exercise prescription, smoking cessation, and management of breathlessness, reduction of allergens, lifestyle changes, wellbeing sessions, counselling, motivational interviewing, habit reversal, bandaging/wrapping, dust mite reduction techniques, stress reduction/relaxation, complementary therapies.	Understand how living with atopic disease can influence: concept of self, quality of life, perception of body image; influence upon physical, emotional and psychological development.

	Pay Five	Effective patient assessment, the nurse's role in promoting patient/service user person centered management. Including the nature of consultation, history taking, the influence of the nurse's role, such as consultation style, shared decision making, patient empowerment. Importance of holistic assessment, i.e. physical assessment, social circumstances, family history, family dynamics, occupational related factors, predisposition to allergic disease, patient's personal health beliefs. Addressing patient focused concerns, ensuring that they have an understanding of the common possible triggers.	A range of interventions for facilitating self-management for patients/service users with atopic disease including pharmacological protocols, delivery systems – inhalers, nebulisers and oxygen therapy, submucosal treatments, topical treatment regimens including emollient therapy, topical steroids and immune-modulatory drugs, systemic therapy, ultraviolet light treatment, patient advocacy in promoting effective prescribing.	Variable episodic nature of condition(s) and how this can influence daily activities, social interactions across a range of environments such as at school, work, personal private life and care provision.
Contact Hours	This module will be deliver supported and guided indiv Contact time will also invol discussion forums, virtual I contact.	vidual learning opp ve a synchronous	oortunities. use of email discussio	n groups, Blackboard
Teaching and Learning Methods	Each day will be a comactivities. Each day ca     You will be expected to BlackBoard and to understrain and u	n be taken separa o engage with pre- dertake some prep proup activities, pre seminars. will involve addition ofessional practice oractice.  Includes lectures classes and works  and E learning includes, assignment prese sessions cons	tely as Master classes reading which will be in aratory work for some esentation of case studinal information finding, and using the online and using the online hops.  Cludes hours engaged reparation and compititute an average time	dentified to you via of the seminars. ies and discussion will discussion with peers, resources to develop  , project supervision, with essential reading, letion, and accessing per level as indicated in
Key Information	Key Information Sets (KIS) module contributes to, which			

#### Sets Information

sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.

Key Inform	ation Set - Mo	odule data			
Number of	credits for this	module		15	
Hours to	Scheduled	Independent	Placement	Allocated	
be allocated	learning and teaching study hours	study hours	study hours	Hours	
150	36	114	0	150	<b>Ø</b>

The table below indicates as a percentage the total assessment of the module which constitutes a -

## Coursework: project

Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:

Total assessment of the module:	
Written exam assessment percentage	0%
Coursework assessment percentage	100%
Practical exam assessment percentage	0%
	100%

#### Reading Strategy

#### Core readings.

It is essential that students read one of the many core texts available through the library. The module guide will reflect the range of reading to be carried out.

#### Further readings.

Students are expected to identify all other reading relevant to their chosen topic for themselves. They will be encouraged to read widely using the library searching strategies, bibliographic and full text data bases and internet resources. Many sources can be accessed remotely.

#### Access and skills.

Building upon the development of literature searching skills firmly established within the curricula in years one and two.

### Indicative Reading List

#### Indicative Reading

The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification.

Coulter, A. (2011) *Engaging Patients in Healthcare* [online] Oxford: Oxford University Press. [Accessed 14 November 2014].

Durham, R, S., .ed. (2015) ABC of Allergies. 2<sup>nd</sup> ed. Oxford: Wiley-Blackwell.

Gawkrodger, D., and Arderm-Jones, M, R. (2012) *Dermatology: an illustrated colour text.* [online]. 5<sup>th</sup> ed. Edinburgh: Churchill Livingstone. [Accessed 14 November 2014].

Graeme, P., Currie, John, F. and Baker, D. (2012) *Asthma*. [online]. Oxford: Oxford University Press. [Accessed 14 November 2014].

## **Journals**

Thorax.

British Journal Of Nursing.

European Respiratory Journal.

Journal of Advanced Nursing.

The Lancet.

New England Journal of Medicine.

Part 3: Assessment			
Assessment Strategy	Strategy: A 2000 word patchwork project based upon a case study identified within the module. This will contribute to 100% of module assignment marks. Project should include evidence considering the following:  • To include a critical discussion demonstrating how they would/could apply their knowledge regarding person centred assessment of atopic disease.  • Identifying actions that they would undertake and strategies required to support patients/families in the self -management of their condition.  • Clearly linking how some aspects of the management of the named condition relates to altered pathophysiology, and how this informs the treatment options.  • Evaluation of the importance of person centred care and meeting psychological needs.  • Critically reflecting and identifying areas for service improvement that they could implement.  To help support this patchwork project, you will be given opportunities within the module to construct aspects of your project assessment and submit them for review.  The teaching strategy develops your autonomous learning and this together with your individual preparatory work, and patchwork assessment opportunities will help you construct your project of evidence.		

Identify final assessment component and element	Component A		
% weighting between components A and B (Star	ndard modules only)	A:	B:
First Sit			
Component A (controlled conditions)  Description of each element			weighting omponent)
1. 2000 word project		100%	

Resit (further attendance at taught classes is not required)	
Component A (controlled conditions)	Element weighting

Description of each element	(as % of component)
1. 2000 word project	100%

If a student is permitted a retake of the module under the University Regulations and Procedures, the assessment will be that indicated by the Module Description at the time that retake commences.