



CORPORATE AND ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic data					
Module title	The Injured Athlete				
Module code	UISXSD-15-2	Level	2	Version	1
Owning faculty	Hartpury	Field	Sport Science		
Contributes towards	BSc (Hons) Sport Performance FdSc Sport Performance BSc (Hons) Equestrian Sports Science				
UWE credit rating	15	ECTS credit rating	7.5	Module type	Standard
Pre-requisites	None		Co-requisites	None	
Excluded combinations	None		Module entry requirements	None	
Valid from	01 September 2014		Valid to	01 September 2020	

CAP approval date	17 February 2014
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Part 2: Learning and Teaching									
Learning outcomes	<p>On successful completion of this module students will be able to:</p> <ol style="list-style-type: none"> 1 Examine the epidemiology of sports injury (A). 2 Differentiate and discuss types of sports injury (A). 3 Classify stages of healing in pathology (A). 4 Analyse treatment and rehabilitation protocols of common sports injuries (A). 5 Evaluate principles of sports injury prevention (A). 								
Syllabus outline	<ol style="list-style-type: none"> 1 Interpreting sports injury epidemiology. 2 Examining characteristics of common sports injuries. 3 Understanding of sports injury assessment methods. 4 Understanding the theory of various treatment modalities such as thermal treatments, sports massage, taping and strapping, exercise rehabilitation and prevention. 5 Examining current interventions for reducing the incidence of sports injuries. 								
Contact hours	<p>Indicative delivery modes:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 80%;">Lectures, guided learning, seminars etc</td> <td style="text-align: right;">33</td> </tr> <tr> <td>Self directed study</td> <td style="text-align: right;">3</td> </tr> <tr> <td>Independent learning</td> <td style="text-align: right;">114</td> </tr> <tr> <td>TOTAL</td> <td style="text-align: right;">150</td> </tr> </table>	Lectures, guided learning, seminars etc	33	Self directed study	3	Independent learning	114	TOTAL	150
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TOTAL	150								

Teaching and learning methods	<p>Scheduled learning May include lectures, seminars, tutorials, project supervision, demonstration, practical classes and workshops; and laboratory work.</p> <p>Independent learning May include hours engaged with essential reading, case study preparation, assignment preparation and completion etc.</p> <p>Virtual learning environment (VLE) This specification is supported by a VLE where students will be able to find all necessary module information. Direct links to information sources will also be provided from within the VLE.</p>																		
Key information sets information	<p>Key information sets (KIS) are produced at programme level for all programmes that this module contributes to, which is a requirement set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.</p> <p>Key Information Set – Module Data</p> <p>Number of credits for this module 15</p> <table border="1" data-bbox="379 857 1436 1043"> <thead> <tr> <th>Hours to be allocated</th> <th>Scheduled learning and teaching study hours</th> <th>Independent study hours</th> <th>Placement study hours</th> <th>Allocated Hours</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">150</td> <td style="text-align: center;">36</td> <td style="text-align: center;">114</td> <td style="text-align: center;">0</td> <td style="text-align: center;">150</td> </tr> </tbody> </table> <p>The table below indicates as a percentage the total assessment of the module which constitutes a:</p> <ol style="list-style-type: none"> 1 <i>Written Exam</i>: Unseen written exam, open book written exam, in-class test. 2 <i>Coursework</i>: Written assignment or essay, report, dissertation, portfolio, project. 3 <i>Practical Exam</i>: Oral Assessment and/or presentation, practical skills assessment, practical exam. <p>Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:</p> <p>Total assessment of the module:</p> <table data-bbox="379 1503 1169 1641"> <tr> <td>Written exam assessment percentage</td> <td style="border: 1px solid black; text-align: center;">100%</td> </tr> <tr> <td>Coursework assessment percentage</td> <td style="border: 1px solid black; text-align: center;">0%</td> </tr> <tr> <td>Practical exam assessment percentage</td> <td style="border: 1px solid black; text-align: center;">0%</td> </tr> <tr> <td></td> <td style="text-align: center;">100%</td> </tr> </table>	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours	150	36	114	0	150	Written exam assessment percentage	100%	Coursework assessment percentage	0%	Practical exam assessment percentage	0%		100%
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Reading strategy	<p>Core readings Any essential reading will be indicated clearly, along with the method for accessing it, e.g. students may be required to purchase a set text, be given a print study pack or be referred to texts that are available electronically or in the Library. Module guides will also reflect the range of reading to be carried out.</p> <p>Further readings Further reading will be required to supplement the set text and other printed readings. Students are expected to identify all other reading relevant to their chosen topic for themselves. They will be required to read widely using the library search, a variety of bibliographic and full text databases, and Internet resources. Many resources can be accessed remotely. The purpose of this further reading is to ensure students are familiar with current research, classic works and material specific to their interests from the academic literature.</p> <p>Access and skills Formal opportunities for students to develop their library and information skills are provided within the induction period and study skills sessions. Additional support is available through online resources. This includes interactive tutorials on finding books and journals, evaluation information and referencing. Sign up workshops are also offered.</p>
Indicative reading list	<p>The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification. However, as indicated above, CURRENT advice on readings will be available via other more frequently updated mechanisms, including the module guide.</p> <p>Books:</p> <ul style="list-style-type: none"> • Brukner, P. & Khan, K. (Current Edition) <i>Clinical Sports Medicine</i>. London: McGraw-Hill. • Findlay, S. (Current Edition) <i>Sports Massage</i>. Champaign: Human Kinetics. • Prentice, W. E. (Current Edition) <i>Rehabilitation Techniques for Sports Medicine and Athletic Training</i>. London: McGraw-Hill • Stone, R. J. & Stone, J. A. (Current Edition) <i>Atlas of skeletal muscles</i>. London: McGraw-Hill. <p>Journals:</p> <ul style="list-style-type: none"> • British Journal of Sports Medicine • Journal of Strength and Conditioning <p>Websites and databases:</p> <ul style="list-style-type: none"> • Society of Sports Therapists http://www.society-of-sports-therapists.org. • British Association of Sport Rehabilitators and Trainers http://basrat.org. • PubMed http://www.pubmed.com.

Part 3: Assessment			
Assessment Strategy	<p>The module will be assessed through an open book written examination, which will test the students' ability to evaluate and apply the knowledge gained within the module including both lectures and practicals. The students will be required to develop a module portfolio throughout delivery which will form the basis of the open book written exam. Learning will also be supported through the use of formative assessment throughout the module.</p> <p>In line with the College's commitment to facilitating equal opportunities, a student may apply for alternative means of assessment if appropriate. Each application will be considered on an individual basis taking into account learning and assessment needs. For further information regarding this please refer to VLE.</p>		
Identify final assessment component and element		Open book written examination	
% weighting between components A and B (Standard modules only)		A:	B:
		100%	0%
First Sit			
Component A (controlled conditions) Description of each element		Element weighting	
1	Open book written examination (2 hours)	100%	
Resit (further attendance at taught classes is not required)			
Component A (controlled conditions) Description of each element		Element weighting	
1	Open book written examination (2 hours)	100%	
If a student is permitted an EXCEPTIONAL RETAKE of the module the assessment will be that indicated by the Module Description at the time that retake commences.			