

MODULE SPECIFICATION

Part 1: Information						
Module Title	Music Therapy Professional Practice with Children and Young People					
Module Code	USPK7D-30-M		Level	Level 7		
For implementation from	2020-	21				
UWE Credit Rating	30		ECTS Credit Rating	15		
Faculty	Faculty of Health & Applied Sciences		Field	Psychology		
Department	HAS	AS Dept of Health & Social Sciences				
Module type:	Profe	fessional Practice				
Pre-requisites		None				
Excluded Combinations		None				
Co- requisites		None				
Module Entry requirements		None				

Part 2: Description

Overview: Each student will visit three different health care and educational contexts to provide the contextual understanding of children and young people in different environments. If not all visits are possible in a year these can be made in subsequent years on the programme.

Educational Aims: See Learning Outcomes

Outline Syllabus: Students will be expected to observe an infant with caregiver in preparation for the music therapy observation.

Placement: Students will be expected to observe a music therapist working with children and be responsible for one individual child's/young person's music therapy over a sustained period. It is expected that students will assist in other individual and/or group work with children or adolescents if available. Students will receive clinical supervision on the placement from a state registered music therapist. If it is not possible for a music therapist to be on site the student will receive weekly individual supervision from one of the core team, all of whom are qualified and are state registered music therapists.

In addition all students will receive weekly clinical seminars on the course which is the equivalent of group supervision. If the student is supervised by a member of the core team then the clinical seminar leader will be a different member of the core team.

Therefore each student will receive different perspectives on their work regularly.

Students will also take part in a regular experiential talking group throughout the year.

Students will receive their own personal therapy from a registered Arts therapist or a psychotherapist registered with a recognised body. This therapy will be external to the course, and will not form any part of formative or summative assessment. It is, however, a requirement of the HCPC that a minimum of 40 hours of personal therapy is experienced during the three years of training.

Counselling skills

Delivered through experiential workshops and lectures:

Empathy, congruence, genuineness

Self-awareness

Focused listening

Paraphrasing

Reflective feedback

Questioning techniques

Professional practice issues

Delivered through lectures and training on placement:

Referral and assessment procedures

Record keeping, report writing and evaluation

Safeguarding

Boundaries

The therapeutic frame

Confidentiality

Applied legal and ethical issues

Cultural and gender issues Institutional dynamics

Power relationships

Code of conduct

Consideration of contexts

Contemporary Frameworks, including evidence based practice

Clinical musical skills

These will be delivered in small group seminars and workshops:

Communication e.g.: acute listening and observation, elements and building-blocks of sound and music

Use and handling of silence

Extension of instrumental and vocal techniques

Small group

Keyboard work

Small group guitar work

Voice workshops

Movement workshops

Percussion workshops

Emergent music therapy skills of matching, reflecting and early supportive techniques

Concept of musical containment, holding and empathy

Methods of analysing musical interactions and music therapy sessions

Techniques for musical elaboration, extension and challenging (in particular relation to improvisation).

Teaching and Learning Methods: A variety of approaches will be used which will include: individual supervision, lectures, experiential workshops, seminars and visits.

Much of the teaching and learning experience is organised on placement. Placements last 24 weeks for a minimum of 4 hours/week and a maximum of 7. Students will be expected to spend a further 2 hours a week on work related to placement writing reflective sheets, engaging in essential reading and preparing materials for the portfolio. Contextual visits to other settings total

a number of 9 hours.

For some students, individual placement supervision may take the form of synchronous virtual form if the student is on placement at a distance. If this is the case, supervisors will also need to view video recordings of the clinical sessions with the students.

To support professional skills and understanding and to prepare for placement there will be a series of seminars and lectures on the various topics delivered to the whole cohort together (15 hours). Students will be expected to prepare for these by engaging with online materials and essential or further reading.

For the musical skills taught part of the module (30 hours), students will receive taught classes in small groups and will be required to spend two hours a week as a guideline practising musical skills (60 hours). Some musical skills such as vocal work, and emergent music therapy skills will be taught in lectures or experiential workshops which involve the whole cohort, although at times these will be split into breakaway groups for focused tasks.

Students will also receive their own personal therapy (external to the course) which will be organised independently by the student.

On average a student will spend 144 hours on placement although this may vary according to setting. This will contribute to a minimum of 450 hours on placement that must be achieved for completion of the programme. A minimum of 12 hours of clinical supervision is included in this. Occasionally clinical supervision will take the form of online supervision because of geographical challenges, and in this case the student must provide recordings of the work to the supervisor in advance.

Clinical seminars at UWE offer each student 30 hours, with a further 30 hours of musical skills teaching and 15 hours of professional skills teaching in the form of seminars or lectures. In addition the student receives 1.5 tutorial hours a year as a minimum. Therefore the total number of hours provided off placement is 84.5.

Part 3: Assessment

Component A: Portfolio of evidence

A portfolio of evidence contains both opportunities for formative and summative assessment. This module assesses a number of key standards of proficiency from the HCPC and acts as the final gateway to the profession. Therefore the dual strategy of portfolio of evidence and viva presentation is designed to enable as comprehensive an assessment as possible of these competencies.

The placement manager and placement supervisor each complete a detailed appraisal form which covers five main areas of practice broken down into components. These are:

- -Implementation of Music Therapy Skills: musical skills, observation skills, verbal skills
- -Relationship Skills Within Music Therapy Practice: communication skills, listening skills, awareness of client's needs, ability to form therapeutic relationship with clients, clinical formulation due to consultation with placement providers, assessment and evaluation, safe practice.

These two first areas must reach the threshold of 50% or the student will not pass the module even if the aggregate is higher than 50%.

- -Personal development: awareness of own feelings, managing difficult situations and conflict, use of initiative, learning behaviour
- -Interpersonal skills and professional behaviour: relationship with supervisor, response to feedback, relationship with staff and institution, responsibility
- -Organisation and management skills: Clinical note writing, team reporting, planning, punctuality, timing, resources, reliability, awareness of legal and policy issues.

The clinical supervisor rates each main category using percentages, and the placement manager rates each section according to a rating scale linked to the marking grid: inadequate/ satisfactory/ very good/excellent.

The portfolio must also contain the student's own self-appraisal (which uses the same written appraisal structure as the supervisors but without marks) a detailed log of placement hours and attendance, a reflective reading account, evidence of personal therapy hours, a record of formative feedback from quarterly and halfway appraisal meetings, a report written for the placement manager giving an overview of the music therapy service provided, and a weekly reflective sheet recording process notes, reflections on learning and reflections on the supervisions. All identifying details of clients and of the institution must be made anonymous. Written formative feedback is given for the weekly reflection, attendance and therapy records, reflective process, reading strategies and reflections, and the report structure.

Component B: Therapeutic musicianship assessment

The structured therapeutic musicianship assessment held in-house allows a number of specific musical proficiencies to be assessed later in the year and lasts 30 minutes. The professional practice portfolio allows for the developing therapeutic and professional skills associated with practice to be assessed in detail through appraisal, reflective record and case study writing. The portfolio will contain a record of the hours spent on site and in personal therapy so as to satisfy HCPC requirements.

Formative assessment opportunities are in-built within the module delivery; students receive feedback every week through clinical supervision and clinical seminar for their practice skills, and feedback through taught musical skills classes, including feedback for skills tasks set weekly and explored in class.

First Sit Components	Final Assessment	Element weighting	Description
Portfolio - Component A	✓	0 %	Practice portfolio Pass/Fail
Practical Skills Assessment - Component B		100 %	Therapeutic musicianship assessment (30 minutes)
Resit Components	Final Assessment	Element weighting	Description
Portfolio - Component A	√	0 %	Practice portfolio Pass/Fail
Practical Skills Assessment - Component B		100 %	Therapeutic musicianship assessment (30 minutes)

Part 4: Teaching and Learning Methods							
Learning Outcomes	On successful completion of this module students will achieve the following learning outcomes:						
	Module Learning Outcomes	Reference					
	Demonstrate an applied understanding of the position of music therapy within a range of child and adolescent organisational settings and the appropriate music therapy techniques and skills	MO1					
	Demonstrate a comprehensive understanding and competent use of musical and extra musical techniques and skills applicable to each student's area of work in the clinical context of child and adolescent work and for use in a wide range of contexts with children	MO2					
	Critically develop an awareness of contemporary developments within the area of working with children and young people	MO3					
	Critically evaluate the practical application of music therapy and practice skills for work with children and adolescents within different clinical contexts	MO4					

	Demonstrate initiative, personal responsibility and awareness in mana professional practice issues in complex and unpredictable, specialised based on an overview of the issues governing good practice	MO5					
	Work effectively and competently in an inter-professional context and manage organisational aspects of practice competently						
	Demonstrate an awareness and ability to manage the implications of legal an ethical dilemmas working proactively within a multi-professional team						
Contact Hours	Independent Study Hours:						
	Independent study/self-guided study	72	2				
	Total Independent Study Hours:	72	2				
	Placement Study Hours:						
	Placement		132				
	Total Placement Study Hours:	13	2				
	Scheduled Learning and Teaching Hours:						
	Face-to-face learning	96	5				
	Total Scheduled Learning and Teaching Hours:	96	5				
	Hours to be allocated	30	0				
	Allocated Hours	30	0				
Reading List	The reading list for this module can be accessed via the following link: https://uwe.rl.talis.com/modules/uspk7d-30-m.html						

Part 5: Contributes Towards This module contributes towards the following programmes of study: