



Module Specification

Music Therapy Theory and Practice in Adult Settings

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Contents

Module Specification	1
Part 1: Information	2
Part 2: Description	2
Part 3: Teaching and learning methods	5
Part 4: Assessment.....	6
Part 5: Contributes towards	8

Part 1: Information

Module title: Music Therapy Theory and Practice in Adult Settings

Module code: UZVK7H-15-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 15

ECTS credit rating: 7.5

Faculty: Faculty of Health & Applied Sciences

Department: HAS School of Health and Social Wellbeing

Partner institutions: None

Field: Health, Community and Policy Studies

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Not applicable

Educational aims: See Learning Outcomes.

Outline syllabus: The syllabus will cover bio-psycho-social perspectives for

Lifespan development from early adulthood to end of life

Adult disability, mental health and wellbeing

Emotional, social and cultural determinants of health

Social movements and challenges to medicine

Legal and ethical issues related to music as therapy

Issues in the theory and practice of music therapy research

Principles of service review and evaluation in relation to evidence-based practice

through considering contemporary practices in music therapy in different contexts and through engagement with different theoretical approaches informing these practices.

Current practice in music therapy with adults

Music therapy approaches presented by specialist practitioners in the following adult contexts or for adults with the following labels:

Learning disability

Acquired brain injury

Other trauma

Rehabilitation for addiction

Severe mental health issues

Degenerative neurological conditions

End-of-life care

Secure forensic settings or prisons

Complex combinations of the above.

Group dynamic theories

These will include thinking from the following sources:

Bion,

Klein,

Foulkes,

Balint

Yalom

Music therapy models of group and institutional working.

Current theoretical approaches in health and social care in relation to music therapy

A range of current treatment models and approaches will be presented and discussed:

Psychosocial thinking

Humanistic and transpersonal approaches,

Fundamental concepts in psychotherapy

Recovery model of healthcare, Theories of transgenerational trauma,

Medical model and neuroplasticity

Trauma models of care

End-of-life care and existential/spiritual issues

Music-centred approaches

Fundamental principles of art therapy

Fundamental principles of dance-movement therapy

Fundamental principles of dramatherapy.

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning

A variety of approaches will be used including lectures, seminars, case presentations and small group discussions. All practical work in small groups will be experiential in nature and will encourage exploration of links to theory.

Independent learning

Students will engage with directed reading and materials available on Blackboard as indicated in advance of seminars and lectures.

Scheduled learning will account for around 50 hours on this module and will involve lectures, seminars and small group work. Some lectures will be available via Blackboard so there is virtual learning part of the module and these will be followed up by seminars. Preparation for and completion of the assignments will take up approximately 25 learning hours and 75 hours remain for independent study connected with this module.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Demonstrate a critical understanding of theories of lifespan development from early adulthood to old age and how they relate to music therapy

MO2 Demonstrate an understanding of current and historical therapeutic concepts, approaches and models and how they impact on and are affected by music therapy

MO3 Critically reflect on established and contemporary music therapy practice and its value in adult health and society

MO4 Demonstrate a critical awareness of context, sub-cultures and cultures as they impact on an adult's range and use of music

MO5 Analyse and reflect on complex, incomplete, unpredictable or contradictory areas of knowledge and practice related to music therapy

MO6 Critically appraise research literature appropriate to a chosen topic

MO7 Engage confidently in academic written communication demonstrating independence, innovation and originality in problem solving

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 100 hours

Face-to-face learning = 50 hours

Total = 150

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspk7h-15-m.html) via the following link <https://uwe.rl.talis.com/modules/uspk7h-15-m.html>

Part 4: Assessment

Assessment strategy: The focus for this module is the integration of theory and practice in terms of music therapy work with adults and the assignments reflect this. integration of theory and practice can only be fully assessed through both written academic work (essay) and recorded extracts of the student's work in viva

presentation so both components are necessary. The viva presentation involves a powerpoint presentation on a case study submitted as a video followed by an online discussion with 2 examiners for 20 minutes. The 2000 word essay allows students to engage with understandings of particular clinical and theoretical dilemmas and situations according to their own interests whilst demonstrating understanding of the wider context. In both components the appropriate research literature must be critically examined and discussed.

Formative feedback is built in to the module through seminar teaching and tutorials where drafts and plans can be reviewed. Summative feedback will be in the form of detailed written feedback using the standard marking grid for M level.

Assessment tasks:**Presentation (First Sit)**

Description: Viva presentation integrating theory with student's own practice on a particular aspect of music therapy work with adults (45 minutes)

Weighting: 60 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO3, MO4, MO5, MO6

Written Assignment (First Sit)

Description: Essay (2000 words) integrating theory, research and practice on a particular aspect of music therapy work with adults

Weighting: 40 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7

Presentation (Resit)

Description: Viva presentation integrating theory with student's own practice on a particular aspect of music therapy work with adults (45 minutes)

Weighting: 60 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO3, MO4, MO5, MO6

Written Assignment (Resit)

Description: Essay (2000 words) integrating theory, research and practice on a particular aspect of music therapy work with adults

Weighting: 40 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Therapeutic Music Studies [Glenside] MA 2023-24

Music Therapy [Glenside] MA 2022-23