Module Specification

Personal and Professional Development 2

Version: 2023-24, v2.0, 21 Jun 2023

Contents

Part 1: Information

Module title: Personal and Professional Development 2

Module code: USPK6G-15-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 15

ECTS credit rating: 7.5

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: Personal and Professional Development 1 2023-24

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Not applicable

Educational aims: See Learning Outcomes.

Outline syllabus: This module will cover aspects of practice in cognitive behaviour therapy using the main methods of the approach. Students will learn about process

of clinical supervision, and the importance of self-development in the process of becoming an effective practitioner.

Part 3: Teaching and learning methods

Teaching and learning methods: Students will practice skills with their peers in the form of role plays, including time for reflection and feedback. Sessions can also encompass skills demonstrations and experiential exercises.

The module will make use of technology enhanced learning in that integrative cases will be used from the PsychTHERAPY resource, and the portfolio will be presented using an e-portfolio such as the Pebblepad environment.

Students will receive 27 hours of contact which will be in the form of skills demonstration and practice with feedback and discussion of learning.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

> **MO1** Practice within the legal and ethical boundaries of their profession and exercise a professional duty of care, including assessing risk, and maintaining confidentiality and fitness to practice
>
> **MO2** Communicate and work effectively within multi-disciplinary teams with clients and their carers
>
> **MO3** Audit, reflect on and critically evaluate practice, including maintaining records appropriately
>
> **MO4** Use a range of evidence-based and theoretical models, frameworks, and psychological paradigms
>
> **MO5** Decide how to assess, formulate and implement psychological therapy appropriate to the presenting problem and to the psychological and social circumstances of the client

MO6 Demonstrate their understanding of the philosophy, theory and practice and relationship stance of the given model of psychological theory

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 123 hours

Face-to-face learning = 27 hours

Total = 150

Reading list: The reading list for this module can be accessed at readinglists.uwe.ac.uk via the following link https://uwe.rl.talis.com/modules/uspk6g-15-m.html

Part 4: Assessment

Assessment strategy: Students are required to complete :

Practice Portfolio including 100 hours of supervised practice with clients.

A skills reflection detailing how they have achieved competencies in the given model.

The portfolio is intended to allow students to present evidence of effective and competent performance in a practice placement. It will include client and supervision logs, placement and supervision agreements, supervision reports and evidence of personal therapy.

The skills reflection is intended to allow students to evidence their skills across a range of practice based competencies, and further allow them to demonstrate their ability to self-reflect on these competencies. This will enable them to identify relevant strengths and weaknesses, and areas of practice which they need to work on and improve.

Assessment tasks:

Set Exercise (First Sit)

Description: A reflection of their skills learning during demonstration and role play sessions 2500 words

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO4, MO5, MO6

Portfolio (First Sit)

Description: Portfolio (including logbook demonstrating 100 hours of client contact, signed off by their supervisor and tutor) - Pass/fail

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Set Exercise (Resit)

Description: A reflection of their skills learning during demonstration and role play sessions 2500 words

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO4, MO5, MO6

Portfolio (Resit)

Description: Portfolio (including logbook demonstrating 100 hours of client contact, signed off by their supervisor and tutor) - Pass/fail

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Part 5: Contributes towards

This module contributes towards the following programmes of study: