



**ACADEMIC SERVICES**

**MODULE SPECIFICATION**

Part 1: Basic Data					
Module Title	Solution Focused Theory 1.				
Module Code	USPJUF-30-M	Level	M	Version	1
Owning Faculty	Health and Applied Sciences	Field	Psychology		
Contributes towards	PGCert Solution Focused Studies PGDip and MSc in Solution Focused Therapy				
UWE Credit Rating	30	ECTS Credit Rating	15	Module Type	Standard
Pre-requisites	None		Co-requisites		
Excluded Combinations			Module Entry requirements	N/A	
Valid From	September 2013		Valid to	September 2019	

<b>CAP Approval Date</b>	26/04/2013
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Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ul style="list-style-type: none"> <li>- Demonstrate a critical understanding of the principles of solution focussed therapy;</li> <li>- Describe how solution focused therapy compares to other therapies and critically contrast different approaches;</li> <li>- Describe the role of supervision and personal development in the training of solution focused therapists;</li> <li>- Describe the practice context in the country where the student seeks to practice, and critically evaluate the implications for solution focused therapists.</li> <li>- Demonstrate the ability to apply and evaluate the application of theory to real life examples of solution focussed client work</li> </ul>
Syllabus Outline	This module will cover the key principles of solution focused therapy. The process of training and the requirements of the course will be explained. There will be a sequence of prescribed reading, which will be discussed in seminars.
Contact Hours	Students will receive 54 hours of contact which will be in the form of interactive seminars.

Teaching and Learning Methods	<p>During seminars new theoretical aspects of solution focused therapy will be introduced and new tools used in therapy described. During a session students will have the opportunity to put the theory and tools into practice in small group work using issues and problems the students bring with them.</p> <p>There will be a set of prescribed text which students will read, and students will in each case write an evaluation of the book and its possible application to client cases.</p>																														
Key Information Sets Information	<p>Key Information Sets (KIS) are produced at programme level for all programmes that this module contributes to, which is a requirement set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.</p> <table border="1" data-bbox="459 689 1369 1081"> <thead> <tr> <th colspan="5">Key Information Set - Module data</th> </tr> </thead> <tbody> <tr> <td colspan="4">Number of credits for this module</td> <td>30</td> </tr> <tr> <th>Hours to be allocated</th> <th>Scheduled learning and teaching study hours</th> <th>Independent study hours</th> <th>Placement study hours</th> <th>Allocated Hours</th> </tr> <tr> <td>300</td> <td>54</td> <td>246</td> <td>0</td> <td>300</td> </tr> </tbody> </table> <p>The table below indicates as a percentage the total assessment of the module which constitutes a -</p> <p><b>Written Exam:</b> Unseen written exam, open book written exam, In-class test  <b>Coursework:</b> Written assignment or essay, report, dissertation, portfolio, project  <b>Practical Exam:</b> Oral Assessment and/or presentation, practical skills assessment, practical exam</p> <p>Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:</p> <table border="1" data-bbox="579 1554 1254 1794"> <thead> <tr> <th colspan="2">Total assessment of the module:</th> </tr> </thead> <tbody> <tr> <td>Written exam assessment percentage</td> <td>50%</td> </tr> <tr> <td>Coursework assessment percentage</td> <td>50%</td> </tr> <tr> <td>Practical exam assessment percentage</td> <td>0%</td> </tr> <tr> <td></td> <td>100%</td> </tr> </tbody> </table>	Key Information Set - Module data					Number of credits for this module				30	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours	300	54	246	0	300	Total assessment of the module:		Written exam assessment percentage	50%	Coursework assessment percentage	50%	Practical exam assessment percentage	0%		100%
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Reading Strategy	<p>All students will be encouraged to make full use of the print and electronic resources available to them through membership of the University. These include a range of electronic journals and a wide variety of resources available through web sites and information gateways. The University Library's web pages provide access to subject relevant resources and services, and to the library catalogue. Many resources can be accessed remotely. Students will be</p>																														

	<p>presented with opportunities within the curriculum to develop their information retrieval and evaluation skills in order to identify such resources effectively.</p> <p>Any <b>essential reading</b> will be indicated clearly, along with the method for accessing it, e.g. students may be expected to purchase a set text, be given or sold a print study pack or be referred to texts that are available electronically, etc. This guidance will be available either in the module handbook, via the module information on Blackboard or through any other vehicle deemed appropriate by the module/programme leaders.</p> <p>If <b>further reading</b> is expected, this will be indicated clearly. If specific texts are listed, a clear indication will be given regarding how to access them and, if appropriate, students will be given guidance on how to identify relevant sources for themselves, e.g. through use of bibliographical databases.</p>
Indicative Reading List	<p>Mattila, A. (2006) Näkökulman vaihtamisen taito. Helsinki: WSOY.</p> <p>Ojanen, M. (2007) Positiivinen psykologia. Helsinki: Edita Publishing.</p> <p>Haley, J. (1993) Uncommon Therapy: The Psychiatric Techniques of Milton H. Erickson, M.D.. Reissue Edition. New York: W. W. Norton &amp; Company.</p> <p>Hartikainen, K. and Aaltonen, J., eds. (2005) Näyttöön perustuva psykoterapia. Jyväskylä: Jyväskylän yliopisto.</p> <p>Hirsjärvi, S., Remes P. and Sajavaara P. (2009) Tutki ja kirjoita. Helsinki: Tammi.</p> <p>Pihlaja, J., ed. (2011) Ratkaisukeskeistä psykoterapiaa oppimassa osat 1 &amp; 2. Tampere: Juvenes Print.</p> <p>Huttunen, M. and Kalska H., eds. (2012) Psykoterapiat. Helsinki: Duodecim.</p> <p>Henden, J. (2008) Preventing Suicide: the solution-focused approach. Chichester: Wiley.</p>

### Part 3: Assessment

Assessment Strategy	Students will sit a two hour exam. They will have previously been given a number of case scenarios. In the exam they will be asked to apply solution focussed theory and methods to these scenarios. They will also write a 5000 word essay, which will synthesise their required reading, client experience and personal reflection.
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Identify final assessment component and element			
<b>% weighting between components A and B</b> (Standard modules only)	<b>A:</b>	<b>B:</b>	
	<b>50</b>	<b>50</b>	
<b>First Sit</b>			
<b>Component A</b> (controlled conditions) <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>		
1. A two hour exam in which there is evaluation of the application of solution focussed methods and theory to a particular client issue.	100		
<b>Component B</b> <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>		

1. Essay, 5000 words.	100

**Resit (further attendance at taught classes is not required)**

<b>Component A (controlled conditions)</b> <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>
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1. A two hour exam in which there is evaluation of the application of solution focussed methods and theory to a particular client issue.	100
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<b>Component B</b> <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>
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1. Essay, 5000 words.	100
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If a student is permitted an **EXCEPTIONAL RETAKE** of the module the assessment will be that indicated by the Module Description at the time that retake commences.