



ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic Data					
Module Title	Solution Focused Therapy in Practice 1				
Module Code	USPJUH-30-M	Level	M	Version	1
Owning Faculty	Health and Applied Sciences	Field	Psychology		
Contributes towards	PGCert Solution Focused Studies PGDip and MSc in Solution Focused Therapy				
UWE Credit Rating	30	ECTS Credit Rating	15	Module Type	Professional Practice.
Pre-requisites	None		Co-requisites		
Excluded Combinations			Module Entry requirements	N/A	
Valid From	September 2013		Valid to	September 2019	


CAP Approval Date	26/04/2013
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Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ul style="list-style-type: none"> - Critically reflect on a range of client work which they have done using the basic tools of solution focused therapy. - Demonstrate an ability to take part in clinical supervision of client work, using a non-defensive and critically self-reflective stance. - Demonstrate a critical awareness of one's own personal development and growth from a solution focussed perspective, and how this relates to growth as a psychotherapist.
Syllabus Outline	This module will cover aspects of practice in solution focused therapy using the basic tools of the approach. Students will learn about process of clinical supervision, and the importance of self-development in the process of becoming an effective solution focused practitioner.
Contact Hours	Students will receive 54 hours of contact which will be in the form of interactive seminars.
Teaching and Learning Methods	Students will take part in clinical supervision sessions. These will begin with a short check-in period, where students will reflect on their learning from previous sessions and their work with clients in the intervening period. They

will then go on to consider in supervision groups that work they have done since the last session. The groups will make use of both peer and facilitator supervision.

Key Information Sets Information

Key Information Sets (KIS) are produced at programme level for all programmes that this module contributes to, which is a requirement set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.

Key Information Set - Module data				
Number of credits for this module				
				30
Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours
300	52	248	0	300
				

The table below indicates as a percentage the total assessment of the module which constitutes a -

Written Exam: Unseen written exam, open book written exam, In-class test

Coursework: Written assignment or essay, report, dissertation, portfolio, project

Practical Exam: Oral Assessment and/or presentation, practical skills assessment, practical exam

Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:

Total assessment of the module:	
Written exam assessment percentage	0%
Coursework assessment percentage	100%
Practical exam assessment percentage	0%
	100%

Reading Strategy

All students will be encouraged to make full use of the print and electronic resources available to them through membership of the University. These include a range of electronic journals and a wide variety of resources available through web sites and information gateways. The University Library's web pages provide access to subject relevant resources and services, and to the library catalogue. Many resources can be accessed remotely. Students will be presented with opportunities within the curriculum to develop their information retrieval and evaluation skills in order to identify such resources effectively.

Any **essential reading** will be indicated clearly, along with the method for accessing it, e.g. students may be expected to purchase a set text, be given or sold a print study pack or be referred to texts that are available electronically, etc. This guidance will be available either in the module handbook, via the

	<p>module information on Blackboard or through any other vehicle deemed appropriate by the module/programme leaders.</p> <p>If further reading is expected, this will be indicated clearly. If specific texts are listed, a clear indication will be given regarding how to access them and, if appropriate, students will be given guidance on how to identify relevant sources for themselves, e.g. through use of bibliographical databases.</p>
Indicative Reading List	<p>Furman, B. and Ahola, T. (1998) Ratkaisukeskeinen itsensä kehittäminen. Helsinki: Brief Therapy Institute.</p> <p>Furman, B. and Ahola, T. (2012) Ongelmista ratkaisuihin - Lyhytterapian perusteet. Helsinki: Tammi.</p> <p>O'Hanlon, B. and Weiner-Davis M. (2003) In Search of Solutions: A New Direction in Psychotherapy, Revised Edition. New York: W. W. Norton & Company.</p> <p>Furman, B., Ahola T., Birn, S. and Terävä T. (2001) Muksuoppi. Helsinki: Lyhytterapiainstituutti.</p>

Part 3: Assessment

Assessment Strategy	<p>Students are required to complete 120 hours of supervised practice with clients.</p> <p>They will be required to record a session with one of their clients which they will present during a supervision session.</p> <p>They will also audio record a session with a second client, which they will transcribe and write up as a reflective commentary.</p>
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Identify final assessment component and element			
% weighting between components A and B (Standard modules only)		A:	B:
First Sit			
Component A (controlled conditions) Description of each element		Element weighting (as % of component)	
1. Logbook demonstrating 120 hours of client contact, signed off through supervision.		Pass/fail	
2. Portfolio of exercises, completed in class and in the field, including an attendance log detailing 100% attendance.		Pass/fail	
Component B Description of each element		Element weighting (as % of component)	
1. Presentation of a client session, with audio recording, with a critical reflection of the session within the context of the case.		100	

Resit (further attendance at taught classes is not required)

Component A (controlled conditions) Description of each element	Element weighting (as % of component)
1. Logbook demonstrating 120 hours of client contact, signed off through supervision.	Pass/fail
2. Portfolio of exercises, completed in class and in the field, including an attendance log detailing 100% attendance.	Pass/fail
Component B Description of each element	Element weighting (as % of component)
1. Presentation of a client session, with audio recording, with a critical reflection of the session within the context of the case.	100
<p>If a student is permitted an EXCEPTIONAL RETAKE of the module the assessment will be that indicated by the Module Description at the time that retake commences.</p>	