



**CORPORATE AND ACADEMIC SERVICES**

**MODULE SPECIFICATION**

Part 1: Basic Data					
Module Title	Reflective Practice				
Module Code	UISXMX-15-M	Level	M	Version	2.1
Owning Faculty	Hartpury College	Field	Sport		
Contributes towards	MSc Coaching Science MSci Sports Coach Development PgDip Coaching Science PgCert Coaching Science MSc Professional Development (Coaching Science) PGDip Professional Development (Coaching Science) PGCert Professional Development (Coaching Science)				
UWE Credit Rating	15	ECTS Credit Rating	7.5	Module Type	Standard
Pre-requisites	None		Co-requisites	None	
Excluded Combinations	None		Module Entry requirements	None	
Valid From	01 September 2015		Valid to	01 September 2020	

<b>CAP Approval Date</b>	03 February 2015
--------------------------	------------------

Part 2: Learning and Teaching	
Learning Outcomes	<ol style="list-style-type: none"> <li>1 Critically discuss the principles of reflective practice and its use in practice (A, B).</li> <li>2 Critically discuss the historical development of reflective practice and potential future revisions of the models 'of' and professional venues 'for' reflection (A).</li> <li>3 Appraise the use of reflective practice in the development of coaching knowledge within a range of coach education and vocational/professional training contexts (A, B).</li> <li>4 Evaluate the models 'for' approach to structured reflection and their application to coaching practice (A).</li> <li>5 Synthesise theory and formulate personalised models of reflection (B).</li> <li>6 Apply different models of reflection in a practical coaching context In order to develop, debate and refine personal reflective awareness (A, B).</li> </ol>
Syllabus Outline	<ol style="list-style-type: none"> <li>1 The reflective concept: What it is, reasons to reflect and how it is used.</li> <li>2 Historical development of reflective practice: to include, origins of reflective practice, key authors and their work, reflective practice and experiential learning, development of reflective practice through to the modern day and use of reflective practice within other areas.</li> <li>3 The use of models to structure reflection including the models used (e.g. Gibbs, Kolb, Johns), recommended use for novice practitioners and unstructured reflection</li> <li>4 The use of reflective practice in coach education and the potential impact on the role of the coach educator.</li> </ol>

	5	The role of reflective practice can play in professional development through, experiential learning, development of new knowledge and modification of existing practice. The use of video feedback in reflection and mentoring the reflective coach.																		
Contact Hours	Indicative delivery modes:																			
	Lectures, guided learning, seminars etc				30															
	Self directed study				75															
	Independent learning				45															
	<b>TOTAL</b>				<b>150</b>															
Teaching and Learning Methods	<p><b>Scheduled Learning</b></p> <ol style="list-style-type: none"> <li>1 The module content and its method of assessment will be introduced via seminars that combine lectures and reflective group-work alongside one-to-one assignment support.</li> <li>2 Extension studies will take place during seminars that will revolve around paired peer observation and facilitated feedback activities and discussions.</li> <li>3 All students will have access to one-to-one tutorials during which assignment refinement and directed coaching tasks will be completed.</li> <li>4 Post-seminar directed study will highlight key research sources, methodologies and potential approaches to assignment completion whilst broadening the students' awareness of the pertinent field of study.</li> </ol> <p><b>Independent Learning</b></p> <p>Assignment completion will be supported by further online/telephone tutorials from the module leader and by access to a dedicated virtual learning environment (VLE) presence. Given their diverse/professional backgrounds and the need for a course that demonstrates 'postgraduateness' the students will also be encouraged to form virtual and geographic study support groups to further their development of understanding and transferable skills.</p> <p><b>Virtual Learning Environment (VLE)</b></p> <p>This specification is supported by a VLE where students will be able to find all necessary module information. Direct links to information sources will also be provided from within the VLE.</p>																			
Key Information Sets Information	<p>Key Information Sets (KIS) are produced at programme level for all programmes that this module contributes to, which is a requirement set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.</p> <p><b>Key Information Set – Module Data</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="4">Number of credits for this module</td> <td style="text-align: center; border: 1px solid black;">15</td> </tr> <tr> <th style="width: 15%;">Hours to be allocated</th> <th style="width: 25%;">Scheduled learning and teaching study hours</th> <th style="width: 20%;">Independent study hours</th> <th style="width: 20%;">Placement study hours</th> <th style="width: 20%;">Allocated Hours</th> </tr> <tr> <td style="text-align: center;">150</td> <td style="text-align: center;">105</td> <td style="text-align: center;">45</td> <td style="text-align: center;">0</td> <td style="text-align: center;">150</td> </tr> </table> <p>The table below indicates as a percentage the total assessment of the module which constitutes a:</p> <ol style="list-style-type: none"> <li>1 <i>Written Exam:</i> Unseen written exam, open book written exam, in-class test.</li> <li>2 <i>Coursework:</i> Written assignment or essay, report, dissertation, portfolio, project.</li> <li>3 <i>Practical Exam:</i> Oral Assessment and/or presentation, practical skills assessment, practical exam.</li> </ol>					Number of credits for this module				15	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours	150	105	45	0	150
Number of credits for this module				15																
Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours																
150	105	45	0	150																

	<p>Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:</p> <p>Total assessment of the module:</p> <table border="1" data-bbox="938 376 1066 510"> <tr> <td>Written exam assessment percentage</td> <td>0%</td> </tr> <tr> <td>Coursework assessment percentage</td> <td>75%</td> </tr> <tr> <td>Practical exam assessment percentage</td> <td>25%</td> </tr> <tr> <td></td> <td>100%</td> </tr> </table>	Written exam assessment percentage	0%	Coursework assessment percentage	75%	Practical exam assessment percentage	25%		100%
Written exam assessment percentage	0%								
Coursework assessment percentage	75%								
Practical exam assessment percentage	25%								
	100%								
Reading Strategy	<p><b>Essential Reading</b> Core material will be indicated to the student via pre-course material, module guides and through their accessing a dedicated VLE programme presence. No requirement for the purchase of set text(s) will be made and students will have full access to library services, online applications, and inter-library loans. The input of the module leader will supplement the normal library provision expected at M-level so that research sources and relevant texts will be identified to the student and issues revolving around their access to them resolved.</p> <p><b>Further Reading</b> Students are expected to identify all other reading relevant to their chosen topic for themselves. They will be required to read widely using the library catalogue, a variety of bibliographic and full text databases, and Internet resources. Many resources can be accessed remotely. The purpose of this further reading is to ensure students are familiar with current research, classic works and material specific to their interests from the academic literature, wider professional sources and in-house publications of related national accrediting and sports governing bodies – e.g. Sports Coach UK.</p> <p><b>Access and Skills</b> Formal opportunities for students to develop their library and information skills are provided within the induction period and student skills sessions. Additional support is available through online resources. This includes interactive tutorials on finding books and journals, evaluation information and referencing. Sign up workshops are also offered.</p>								
Indicative Reading List	<p>The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification. However, as indicated above, CURRENT advice on readings will be available via other more frequently updated mechanisms, including the module guide.</p> <ul style="list-style-type: none"> <li>• Bolton, G.E.J. (Current Edition) <i>Reflective Practice</i>. London: Sage Publications Ltd.</li> </ul> <p>Journals:</p> <ul style="list-style-type: none"> <li>• International Journal of Sports Science and Coaching</li> <li>• The Sports Psychologist</li> <li>• Physical Education and Sport Pedagogy</li> <li>• Journal of Applied Sports Psychology</li> <li>• Journal of Sports Sciences</li> <li>• Physical Education and Sport Pedagogy</li> <li>• Journal of Teaching in Physical Education</li> <li>• Reflective Practice</li> </ul>								

### Part 3: Assessment

<b>Assessment Strategy</b>	<p>Summative assessment centres upon completion of:</p> <p>a) A presentation detailing current use and future possibilities in the deployment of formal instruction in and informal experience of reflective practice within a distinct sports coaching or coach education context.</p> <p>b) The submission of a narrative account of the student's experiences, decisions, team-working, problem-solving and associated reflections during an extended period on sports coaching and instruction in a novel scenario – most usually via the college's Further Education department provision of practical taught components and extra-curricular activities.</p> <p>Formative assessment similarly has two components:</p> <p>1 Group discussion and individual reflection is demanded by tasks set within the full day and weekday evening seminars.</p> <p>2 Facilitated peer group practical coaching and observation exercises will allow for assessment of learners' use, evaluation and refinement of reflective models, approaches and focus points.</p> <p>In line with the College's commitment to facilitating equal opportunities, a student may apply for alternative means of assessment if appropriate. Each application will be considered on an individual basis taking into account learning and assessment needs. For further information regarding this please refer to VLE.</p>		
Identify final assessment component and element	Oral Presentation.		
<b>% weighting between components A and B (Standard modules only)</b>	<b>A:</b>	<b>B:</b>	
	25%	75%	
<b>First Sit</b>			
<b>Component A (controlled conditions)</b>		<b>Element weighting</b>	
<b>Description of each element</b>			
1	Oral presentation (12 minutes)	100%	
<b>Component B</b>		<b>Element weighting</b>	
<b>Description of each element</b>			
1	Written Assignment (2000 words)	100%	
<b>Resit (further attendance at taught classes is not required)</b>			
<b>Component A (controlled conditions)</b>		<b>Element weighting</b>	
<b>Description of each element</b>			
1	Oral presentation (12 minutes)	100%	
<b>Component B</b>		<b>Element weighting</b>	
<b>Description of each element</b>			
1	Written Assignment (2000 words)	100%	
If a student is permitted an <b>EXCEPTIONAL RETAKE</b> of the module the assessment will be that indicated by the Module Description at the time that retake commences.			