



Module Specification

Mental Health and Well-being of Children and Young People

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Part 1: Information

Module title: Mental Health and Well-being of Children and Young People

Module code: UZZSPB-15-3

Level: Level 6

For implementation from: 2024-25

UWE credit rating: 15

ECTS credit rating: 7.5

College: College of Health, Science & Society

School: CHSS School of Health and Social Wellbeing

Partner institutions: None

Field: Mental Health and Learning Disability

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: This course is appropriate for undergraduate nursing students. This course covers the concepts that have defined childhood, how nurses can support young people to feel safe and explore how neurodiversity can impact on young people. The course also includes how professionals can work with and involve parents, carers and other professionals.

Features: Not applicable

Educational aims: This module aims to build students confidence and knowledge in working with young people. It aims to increase their competence in regards to helping young people stay safe, including asking difficult questions, building rapport and assessing risk. The course also aims to build students knowledge of the importance of working with families and other professionals as well as how we can work with and support young people with neurodiversity.

Outline syllabus: The syllabus typically includes:

Infancy and young children:

Attachment and relationship formation in vulnerable children

Promoting infant mental health

Exploring neurodiversity

Young People:

Developing a sense of self

Peers and peer pressure

Developmental theories

Assessment of need and referral pathways

Caring for children from ethnic minority groups

Risk, resilience, problems and need

Part 3: Teaching and learning methods

Teaching and learning methods: A variety of approaches will be used which may include:

Practice experience

Simulation

Technology enhanced learning

Workshops

Lectures and Seminars

Enquiry based learning

Case based learning

Role play

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Critically discuss the challenges that can arise when working with children and young people such as engagement, legal frameworks, neurodevelopment and diversity.

MO2 Critically discuss how working with family, carers and support networks can impact on care and treatment for children and young people

MO3 Convey an understanding of approaches that can be used to support the assessment and safety of children and young people

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzzspb-15-3.html) via the following link <https://uwe.rl.talis.com/modules/uzzspb-15-3.html>

Part 4: Assessment

Assessment strategy: This assessment is a 2000-word reflective assignment. It will explore how nurses can work with children and young people in order to support them within services.

This assignment topic is appropriate for students from all fields of nursing. It allows students to critically explore the topics from the module, apply them to their own field of nursing, and link theory to practice.

There will be a formative assignment session where students can share ideas and receive peer feedback, in addition to receiving feedback from their lecturer.

Assessment tasks:**Written Assignment (First Sit)**

Description: 2000 word assignment.

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Written Assignment (Resit)

Description: 2000 word assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Nursing (Mental Health) [Glenside] BSc (Hons) 2022-23

Nursing (Children and Young People) [Glenside] BSc (Hons) 2022-23

Nursing (Learning Disabilities) [Glenside] BSc (Hons) 2022-23

Nursing (Adult)[Glenside] BSc (Hons) 2022-23