



## **Module Specification**

### **Mental Health and Well-being of Children and Young People**

Version: 2023-24, v4.0, 21 Jul 2023

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## Part 1: Information

**Module title:** Mental Health and Well-being of Children and Young People

**Module code:** UZZSPB-15-3

**Level:** Level 6

**For implementation from:** 2023-24

**UWE credit rating:** 15

**ECTS credit rating:** 7.5

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Mental Health and Learning Disability

**Module type:** Project

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Not applicable

**Educational aims:** See Learning Outcomes.

**Outline syllabus:** Current policy drivers

Infancy and young children:

Attachment and relationship formation in vulnerable children

Promoting infant mental health

Parenting

Parental mental health

Eating and sleep patterns

5 to 11 year olds:

Self esteem and self concept

Parenting

Young People:

Developing a sense of self

Peers and peer pressure

Transition from CAMHS to Adult services

Developmental theories

Children experiencing loss and bereavement (for example, divorce and death)

Assessment of need and referral pathways

Caring for children from ethnic minority groups

Vulnerable children

Risk, resilience, problems and need

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** A variety of approaches will be used which may include:

Practice experience

Simulation

Technology enhanced learning

Simulation and skills

Workshops

Lectures and Seminars

Focus groups

Enquiry based learning

Case based learning

Role play

Contact Hours: 36

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Examine the historical perspectives and the development of current CAMHS provision

**MO2** Analyse the relationship within and between agencies that promote children and young people's health, education and wellbeing

**MO3** Discuss legal and policy frameworks to working with children, young people and their families

**MO4** Evaluate and reflect on practice and ways of working

**MO5** Analyse developmental theories and their relationship to the mental health of children and young people

**MO6** Analyse frameworks for assessment and referral processes

**MO7** Evaluate ways of engaging children and young people in assessments and interventions used

**MO8** Critically evaluate the way the family can impact upon children and young people's mental health

**MO9** Analyse and evaluate the roles and responsibilities of professionals when engaging in interventions with children, young people and their families and carers

**MO10** Demonstrate an ability to critique evidence based practice

**Hours to be allocated:** 150

**Contact hours:**

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uzzspb-15-3.html) via the following link <https://uwe.rl.talis.com/modules/uzzspb-15-3.html>

## Part 4: Assessment

**Assessment strategy:** The assessment for this module allows a diverse range of students to be able to explore their own current and future practice. The purpose of this piece of work is to give students the opportunity to explore in detail the current services that are available for a specific group of infants, children or young people that you are engaged in working with.

### Assessment tasks:

#### Written Assignment (First Sit)

Description: 2000 word assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

#### Written Assignment (Resit)

Description: 2000 word assignment

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

## **Part 5: Contributes towards**

This module contributes towards the following programmes of study:

Nursing (Children's) [Sep][FT][Glenside][3yrs] GradDip 2021-22

Nursing (Mental Health) [Sep][FT][Glenside][3yrs] GradDip 2021-22