




### MODULE SPECIFICATION

Part 1: Information			
<b>Module Title</b>	Principles of Cognitive Behavioural Therapy		
<b>Module Code</b>	UZZSP6-15-M	<b>Level</b>	M (FHEQ Level 7)
<b>For implementation from</b>	September 2019		
<b>UWE Credit Rating</b>	15	<b>ECTS Credit Rating</b>	7.5
<b>Faculty</b>	Health and Applied Sciences	<b>Field</b>	Mental Health and Learning Disabilities
<b>Department</b>	Nursing and Midwifery		
<b>Contributes towards</b>	BSc (Hons) Nursing MSc Nursing		
<b>Module type</b>	Project		
<b>Pre-requisites</b>	None		
<b>Excluded Combinations</b>	None		
<b>Co- requisites</b>	None		
<b>Module Entry requirements</b>	None		

Part 2: Description
<p>The confidence and ability to think critically, apply knowledge and skills, and provide expert, evidence-based, nursing care lies at the centre of nursing practice, this module is one of a suite of choice modules that have been development to offer nursing students in their final year of their studies choice so that are empowered to consider long term career pathways prior to registration. Each of the choice module has been aligned to existing and emerging models of care. Reflecting that enquiry and exploration are at the heart of the Future Nurse curriculum so that as nurses of the future students are able to influence and contribute to processes of organisational change through an awareness of local and national policies</p> <p>This module focuses on evidence and principles that underpin cognitive behavioural therapies</p> <p>This module will use a range of learning and teaching strategies to support student learning and will include:</p> <ul style="list-style-type: none"> <li>• Lectures</li> <li>• Scenario based teaching through interaction and simulation</li> <li>• Group work</li> <li>• Self-directed learning</li> <li>• Digital learning delivered through Blackboard and other virtual learning platforms</li> </ul>
Part 3: Assessment: Strategy and Details

<p>The assessment strategy for this module is designed to allow a diverse range of students to be able to explore their own current and future practice focusing on an existing and or emerging model of care.</p> <p>Formative assessment: Students will be given the opportunity to have feedback on an assignment plan to inform the final assessment</p> <p>Summative assessment: The module will be assessed via a 2000 word assignment. The assignment will critically examine an aspect of the process of CBT, which has been explored during the module. Students will explore case formulation and the importance of the therapeutic relationship in CBT, making reference to current literature and discussing its relevance to clinical practice.</p>		
Identify final timetabled piece of assessment (component and element)	<b>Component A</b>	
% weighting between components A and B (Standard modules only)	<b>A:</b>	<b>B:</b>
<b>First Sit</b>		
<b>Component A</b> (controlled conditions) <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>	
1. 2000 word assignment	100%	
<b>Resit (further attendance at taught classes is not required)</b>		
<b>Component A</b> (controlled conditions) <b>Description of each element</b>	<b>Element weighting</b> <b>(as % of component)</b>	
1. 2000 word assignment	100%	
<b>Part 4: Learning Outcomes &amp; KIS Data</b>		
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ul style="list-style-type: none"> <li>• Demonstrate a critical awareness of the legal, ethical and key policy frameworks in relation to cognitive behavioural therapies</li> <li>• Critically appraise existing knowledge, new evidence and innovations in practice</li> <li>• Convincingly evidence a detailed and deep understanding and evaluation in specialised areas and of current theory and research</li> <li>• Demonstrate an informed understanding of the importance of exercising political awareness throughout their career, to maximise the influence and effect of registered nursing on quality of care, patient safety and cost effectiveness.</li> </ul> <p>All learning outcomes are assessed through Component A.</p>	
Key Information Sets Information (KIS)		
Contact Hours		

Total Assessment	<b>Key Information Set - Module data</b>																			
	Number of credits for this module					15														
	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours															
	150	36	114	0	150															
	<p>The table below indicates as a percentage the total assessment of the module which constitutes a;</p> <p><b>Coursework:</b> Written assignment</p> <p>Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:</p> <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td colspan="2">Total assessment of the module:</td> <td></td> </tr> <tr> <td>Written exam assessment percentage</td> <td></td> <td style="text-align: center;">0%</td> </tr> <tr> <td>Coursework assessment percentage</td> <td></td> <td style="text-align: center;">100%</td> </tr> <tr> <td>Practical exam assessment percentage</td> <td></td> <td style="text-align: center;">0%</td> </tr> <tr> <td></td> <td></td> <td style="text-align: center;">100%</td> </tr> </table>						Total assessment of the module:			Written exam assessment percentage		0%	Coursework assessment percentage		100%	Practical exam assessment percentage		0%		
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Reading List	<a href="https://uwe.rl.talis.com/lists/73843788-3A4C-DA9B-F008-0C0BDDC62DBA.html">https://uwe.rl.talis.com/lists/73843788-3A4C-DA9B-F008-0C0BDDC62DBA.html</a>																			

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<b>First Approval Date (and panel type)</b>	May 2013 ID 1158			
<b>Revision ASQC Approval Date</b> <i>Update this row each time a change goes to ASQC</i>	30/05/2019	<b>Version</b>	2	<a href="#">MIA 10720</a>