



Module Specification

Health Psychology in Action

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Part 1: Information

Module title: Health Psychology in Action

Module code: USPJVX-15-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 15

ECTS credit rating: 7.5

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Module Entry requirements: At least a lower second class Honours degree or international equivalent in Psychology or a related discipline.

Educational aims: See Learning Outcomes

Outline syllabus: Students will need to log hours (minimum of 50 hours over two semesters) engaged in relevant paid, unpaid work or voluntary activities. Ideally the

experience should be in the same setting. Students will arrange the activity for themselves using university facilities to help as appropriate within agreed guidelines. Students will be allocated to a named member of teaching staff who will act as supervisor and in conjunction with the module leader offer support and advice regarding assessment.

Part 3: Teaching and learning methods

Teaching and learning methods: The module will be delivered across both semesters. During the module students will have the opportunity to take part in a number of learning activities and discussion groups designed to allow them to elaborate and challenge the knowledge they have gained each week.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 The ability to apply health psychology theories, models and approaches in a critically analytical manner to their work experience

MO2 A critical understanding and awareness of reflective practice and its application in health psychology

MO3 Increasing levels of insight into psychological processes in the working context

MO4 A reflective awareness of their own strengths and weaknesses

Hours to be allocated: 150

Contact hours:

Independent study/self-guided study = 114 hours

Face-to-face learning = 36 hours

Total = 150

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspjvx-15-m.html) via the following link <https://uwe.rl.talis.com/modules/uspjvx-15-m.html>

Part 4: Assessment

Assessment strategy: Assessment: A portfolio documenting the students supervised practice and a log reflecting on the students experience

Assessment tasks:

Portfolio (First Sit)

Description: Portfolio consisting of:

A reference from the organisation verifying hours

Health and Safety Induction or evaluation of health and safety

Agreement from the organisation for the activity to be used for educational purposes.

Reflective log (2500 words)

(Pass/Fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Portfolio (Resit)

Description: Portfolio consisting of;

A reference from the organisation verifying hours

Health and Safety Induction or evaluation of health and safety

Agreement from the organisation for the activity to be used for educational purposes

Reflective log (2500 words)

(Pass/Fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Health Psychology [Frenchay] MSc 2023-24

Health Psychology [Frenchay] MSc 2022-23