



University of the
West of England

CORPORATE AND ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic Data					
Module Title	Health Psychology in Action				
Module Code	USPJVX-15-M	Level	M	Version	1
Owning Faculty	Health and Applied Sciences	Field	Psychology		
Contributes towards	MSc Health Psychology				
UWE Credit Rating	15	ECTS Credit Rating	7.5	Module Type	Practice
Pre-requisites	None		Co-requisites	None	
Excluded Combinations	None		Module Entry requirements	At least a lower second class Honours degree or international equivalent in Psychology or a related discipline.	
Valid From	September 2013		Valid to		

CAP Approval Date	
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Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to demonstrate:</p> <ol style="list-style-type: none"> 1. The ability to apply health psychology theories, models and approaches in a critically analytical manner to their work experience 2. A critical understanding and awareness of reflective practice and its application in health psychology 3. Increasing levels of insight into psychological processes in the working context 4. A reflective awareness of their own strengths and weaknesses.
Syllabus	Students will need to log hours (minimum of 50 hours over two semesters)

Outline	<p>engaged in relevant paid, unpaid work or voluntary activities. Ideally the experience should be in the same setting. Students will arrange the activity for themselves using university facilities to help as appropriate within agreed guidelines. Students will be allocated to a named member of teaching staff who will act as supervisor and in conjunction with the module leader offer support and advice regarding assessment.</p> <p>The module will be delivered across both semesters. During the module students will have the opportunity to take part in a number of learning activities and discussion groups designed to allow them to elaborate and challenge the knowledge they have gained each week.</p>
Contact Hours	3 hours of supervision (excluding marking time) and around 15 hours of workshops (the precise amount of contact time is dependent on the number of students registered on the module).
Teaching and learning methods	<p>Scheduled learning includes interactive workshops, TEL enhanced learning through weblinks and online videos, live demonstration, discussion and experiential exercises. These are delivered through 4 workshops (approx 15 hrs total) and online through Blackboard.</p> <p>Independent learning includes hours engaged with essential reading, portfolio preparation and completion.</p> <p>Placement learning: Students are required to undertake a minimum of 50 hours of practice in a health psychology setting.</p> <p>TEL: The module will be supported by a Blackboard module site where a range of course materials will be available. Students will be expected to access reading materials through the Blackboard site, and engage with additional activities such as accessing video and weblinks. Discussion boards will be enabled for student use, facilitated by the module leader. Coursework submission and feedback will also utilise the online BB facility.</p>
Key Information Sets Information	N/A
Reading Strategy	<p>All students will be encouraged to make full use of the print and electronic resources available to them through membership of the University. These include a range of electronic journals and a wide variety of resources available through web sites and information gateways. The University Library's web pages provide access to subject relevant resources and services, and to the library catalogue. Many resources can be accessed remotely. Students will be presented with opportunities within the curriculum to develop their information retrieval and evaluation skills in order to identify such resources effectively.</p> <p>Any essential reading will be indicated clearly, along with the method for accessing it, e.g. students may be expected to purchase a set text, be given or sold a print study pack or be referred to texts that are available electronically, etc. This guidance will be available either in the module handbook, via the module information on Blackboard or through any other vehicle deemed appropriate by the module/programme leaders.</p> <p>If further reading is expected, this will be indicated clearly. If specific texts are listed, a clear indication will be given regarding how to access them and, if appropriate, students will be given guidance on how to identify relevant</p>

	sources for themselves, e.g. through use of bibliographical databases.
Indicative Reading List	<p>Michie, S & Abraham, C. (2004). Health Psychology in Practice. BPS Blackwell.</p> <p>Forshaw, M & Sheffield, D. (2012). Health Psychology in Action. Wiley-Blackwell.</p>

Part 3: Assessment

Assessment Strategy	Assessment: A portfolio documenting the students supervised practice and a log reflecting on the students experience
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Identify final assessment component and element	A	
% weighting between components A and B (Standard modules only)	A:	B:
First Sit		
Component A (controlled conditions) Description of each element	Element weighting (as % of component)	
Portfolio consisting of; <ul style="list-style-type: none"> • A reference from the organisation verifying hours • Health and Safety Induction or evaluation of health and safety • Agreement from the organisation for the activity to be used for educational purposes. • Reflective log (3000 words) 	Pass/Fail	
Component B Description of each element	Element weighting (as % of component)	

Resit (further attendance at taught classes is not required)	
Component A (controlled conditions) Description of each element	Element weighting (as % of component)

Portfolio consisting of; <ul style="list-style-type: none"> • A reference from the organisation verifying hours • Health and Safety Induction or evaluation of health and safety • Agreement from the organisation for the activity to be used for educational purposes • Reflective log (2500 words) 	Pass/Fail
Component B Description of each element	Element weighting (as % of component)
If a student is permitted an EXCEPTIONAL RETAKE of the module the assessment will be that indicated by the Module Description at the time that retake commences.	