



Module Specification

Biopsychosocial Perspectives on Health

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Part 1: Information

Module title: Biopsychosocial Perspectives on Health

Module code: USPJVV-30-M

Level: Level 7

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: None

Continuing professional development: Yes

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Module Entry requirements: Undergraduate degree in psychology, or quantitative social/behavioural sciences

Educational aims: See Learning Outcomes

Outline syllabus: Concepts :

Epidemiology

Health promotion

Gender and ethnicity

Psychopharmacology

Biological basis of behaviour

Neuroplasticity, adaptation , and learning

Perspectives:

Children's understanding of illness

Adolescence and teenager health

Older adults

Health issues and the family

Health resilience and quality of life

Considering the validity of alternative therapies

Conditions:

Long-term conditions (including diabetes)

Chronic fatigue syndrome

Pain

Cancer

Affective disorders

Neurodegenerative disorders

Management and treatment:

Music therapy and palliative care

Pain

Cardiac rehabilitation

Death and dying

Enhancing cognition and well-being

Part 3: Teaching and learning methods

Teaching and learning methods: Scheduled learning includes lectures, seminars, practical classes and workshops.

Independent learning includes hours engaged with essential reading, assignment preparation and completion etc. These sessions constitute an average time per level.

9 x 3 hour sessions

8 x 2.5 hour sessions

QAA guidance is available

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Begin to conceptually integrate biological, psychological, and social perspectives and consider what may be the applications of this integration

MO2 To establish an understanding of the factors related to the genesis and maintenance of health, disease, and disorder;

MO3 Demonstrate an appreciation of developmental concepts and theories in relation to lifespan changes in health and psychological wellbeing;

MO4 Have a basic understanding of the psychological treatment principles and interventions applied to different groups defined by disease/disorder

MO5 Challenge existing theories and practices through the evaluation of current research.

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 253 hours

Face-to-face learning = 47 hours

Total = 300

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspjvv-30-m.html) via the following link <https://uwe.rl.talis.com/modules/uspjvv-30-m.html>

Part 4: Assessment

Assessment strategy: The Assessment:

Coursework will comprise two written assignments of 2000 words each and a poster presentation (5 mins).

Strategy:

The aim of the assessment strategy is to integrate material across both semesters in a meaningful way. The coursework focuses largely on conceptual issues associated with the biopsychosocial model and lifespan psychology.

For the presentation, students will be asked to choose an health condition and consider its biomedical treatment and at least one alternative approach (e.g. psychological).

Assessment tasks:

Written Assignment (First Sit)

Description: 2000 word written assignment 1

Weighting: 30 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO5

Presentation (First Sit)

Description: Poster presentation (5 mins)

Weighting: 40 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Written Assignment (First Sit)

Description: 2000 word written assignment 2

Weighting: 30 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO5

Written Assignment (Resit)

Description: 2000 word written Assignment 1

Weighting: 30 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO5

Presentation (Resit)

Description: Narrated powerpoint presentation (5 mins)

Weighting: 40 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Written Assignment (Resit)

Description: 2000 word written Assignment 2

Weighting: 30 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO5

Part 5: Contributes towards

This module contributes towards the following programmes of study:

Health Psychology [Frenchay] MSc 2023-24

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