

## CORPORATE AND ACADEMIC SERVICES

## MODULE SPECIFICATION

| Part 1: Basic Data       |  |                       |                              |  |                          |
|--------------------------|--|-----------------------|------------------------------|--|--------------------------|
| Module Title             | Counselling Practice, Supervision and Research 2 |                       |                              |  |                          |
| Module Code              | USPJUD-30-3                                      |                       | Level                        | 3  | Version 1                |
| Owning Faculty           | Health and Life Sciences                         |                       | Field                        | Psychology   |                          |
| Contributes towards      | Diploma in Profe                                 | essional Studies      | , Counselling                |  |                          |
| UWE Credit Rating        | 30   | ECTS Credit<br>Rating |                              | Module<br>Type   | Professional<br>Practice |
| Pre-requisites           | Counselling Practice and<br>Research 1           |                       | Co- requisites               | Theory & Practice in<br>Counselling 2<br>Personal and Professional<br>Development and Group<br>Process |                          |
| Excluded<br>Combinations |  |                       | Module Entry<br>requirements | If offered as CPD or stand alone   |                          |
| Valid From               | September 2013                                   |                       | Valid to                     | September 2019   |                          |

| CAP Approval Date | 19 June 2013 |
|-------------------|--------------|
|                   |              |

| Part 2: Learning and Teaching |  |  |  |
|-------------------------------|--|--|--|
| Learning<br>Outcomes          | <ul> <li>On successful completion of this module students will be able to:</li> <li>Demonstrate a critical awareness of the processes of counselling and their implications</li> <li>Integrate counselling models with counselling practice</li> <li>Make effective use of professional supervision</li> <li>Demonstrate ability to practise safely and competently</li> <li>Counsel effectively as qualified professionals within an agency setting</li> <li>Demonstrate the application of research methods in a counselling context</li> <li>Complete a small-scale research project</li> </ul> |  |  |
| Syllabus Outline              | <ul> <li>Case presentation and discussion in counselling supervision groups</li> <li>Completion of a minimum of 120 hours of counselling practice in an appropriate agency setting</li> <li>Use of audio recordings and transcripts of counselling practice in the context of supervision</li> <li>Maintaining a log of counselling practice and supervision</li> </ul>  |  |  |

|                            | Research discussions in research supervision group  |  |  |  |
|----------------------------|---|--|--|--|
| Contact                    | Scheduled learning  |  |  |  |
| Hours/Scheduled<br>Hours   | <ul> <li>Weekly participation (one and a half hours) in counselling supervision and<br/>research supervision groups</li> </ul>  |  |  |  |
|                            | Independent learning  |  |  |  |
|                            | Preparation for supervision sessions  |  |  |  |
|                            | <ul><li>Reading</li><li>Transcribing</li></ul>  |  |  |  |
|                            | Placement learning  |  |  |  |
|                            | <ul> <li>Completion of a minimum of 120 hours of supervised counselling practice</li> <li>Attending meetings, record keeping etc at placement</li> </ul>  |  |  |  |
| Teaching and               | Supervision group discussion  |  |  |  |
| Learning<br>Methods        | <ul> <li>Feedback from placement agency and supervisors</li> <li>Reflection on audio recordings of counselling in supervision groups</li> </ul>   |  |  |  |
|                            | <ul> <li>Viva examination and feedback</li> <li>Research supervision of proposal, methods, analysis and write-up of research</li> </ul>   |  |  |  |
|                            | <ul><li>project</li><li>Self, peer and tutor reflections of learning</li></ul>  |  |  |  |
|                            | We are actively exploring ways of developing TEL this Module.   |  |  |  |
|                            | We are actively exploring ways of developing TEL this Module.   |  |  |  |
| Reading<br>Strategy        | All students will be encouraged to make full use of the print and electronic resources<br>available to them through membership of the university. These include a range of<br>electronic journals and a wide variety of resources available through web sites and<br>information gateways. The University library's web pages provide access to subject<br>relevant resources and services, and to the library catalogue. Many resources can be<br>accessed remotely. Students will be presented with opportunities within the curriculum<br>to develop their information retrieval and evaluation skills in order to identify such<br>resources effectively. |  |  |  |
|                            | This guidance will be available either in the module handbook, via the module information on UWE online or through any other vehicle deemed appropriate by the module / programme leaders   |  |  |  |
| Indicative<br>Reading List | Gilbert M & Evans K (2000) Psychotherapy Supervision Buckingham, OUP  |  |  |  |
| Reading List               | Hawkins P & Shohet R (2012) <i>Supervision in the Helping Professions</i> Maidenhead, OUP   |  |  |  |
|                            | Mcleod J (2003) Doing Counselling Research London, Sage   |  |  |  |
|                            | McLeod J (2011) <i>Qualitative Research in Counselling and Psychotherapy</i> London, Sage   |  |  |  |
|                            | Proctor B (2008) Group Supervision London, Sage   |  |  |  |
|                            | Stedmon J & Dallos R (2009) <i>Reflective Practice in Psychotherapy and Counselling</i><br>Maidenhead, OUP  |  |  |  |

| Part 3: Assessment  |  |  |
|---------------------|--|--|
| Assessment Strategy | 1. The Viva (Summative) gives students an opportunity to demonstrate their ability to: |  |

| Component A (controlled                  |   | Element v      |                     |  |
|--|---|----------------|---------------------|--|
| Resit (further attendance                | at taught classes is not required)  |                |                     |  |
| Research Project (5000 wo                | ords)   | 10             | 00                  |  |
| Component B<br>Description of each eleme | Element weighting<br>(as % of component)  |                |                     |  |
| Viva                                     |   | Pass / Fail    |                     |  |
| Description of each element              |   | (as % of co    | (as % of component) |  |
| Component A (controlled of               | conditions)   | Element v      | weighting           |  |
| First Sit                                |   |                |                     |  |
|  | 50  | 50             |                     |  |
| % weighting between con                  | nponents A and B (Standard modules only)  | A:             | B:                  |  |
| Identify final assessment co             | omponent and element  |                |                     |  |
|  | Peers or Colleagues from the student's Placemer<br>will be discouraged from using client material bec   |                |                     |  |
|  | The analysis will be based on thematic analysis.  |                |                     |  |
|  | Practice, Supervision and Research 1). Whilst students will be expected to<br>have a critical understanding of the literature, they will have limited<br>understanding of the mechanics for carrying out research. However, this<br>include interviews, questionnaires and / or focus groups as methods for do<br>collection. |                |                     |  |
|  | This will be based on research methods taught in  |                |                     |  |
|  | 2. The Research Project (Summative) provides evidence of the student's ability to apply research methods in a counselling context and to complete small-scale research project  |                |                     |  |
|  | • d) demonstrate ability to practise safely a   | nd competently |                     |  |
|  | <ul> <li>b) integrate theoretical models with couns</li> <li>c) make effective use of professional supe</li> </ul>  |                |                     |  |
|  |   |                |                     |  |
|  |   |                |                     |  |

| Component A (controlled conditions) Description of each element   | Element weighting<br>(as % of component) |
|---|--|
| Viva  | Pass / Fail                              |
| Component B   | Element weighting                        |
| Description of each element   | (as % of component)                      |
| Research Project (5000 words)   | 100                                      |
|   |  |
| If a student is permitted an <b>EXCEPTIONAL RETAKE</b> of the module the assessment will be that indicated by the Module Description at the time that retake commences. |  |