

CORPORATE AND ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic Data					
Module Title	Counselling Practice, Supervision and Research 1				
Module Code	USPJUC-30-2	Level	2	Version	1
Owning Faculty	Health and Life Sciences	Field	Psychology		
Contributes towards	Diploma in Professional Studies, Counselling				
UWE Credit Rating	30	ECTS Credit Rating		Module Type	Professional Practice
Pre-requisites	None		Co- requisites	Theory and Practice in Counselling 1 Personal Awareness and Self Development	
Excluded Combinations			Module Entry requirements		
Valid From	September 2013		Valid to	September 2019	

CAP Approval Date	19 June 2013
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Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ul style="list-style-type: none"> • Counsel in a helpful and effective way (Component A) • Demonstrate an understanding of the process of counselling (Component A) • Reflect realistically on their experience of counselling (Component A) • Demonstrate specific counselling skills (Component A) • Demonstrate an awareness of the value of counselling supervision and of their own supervisory needs (Component A) • Reflect on the role of counsellor within the counselling relationship (Component A) <p>In addition, the educational experience will enable students to:</p> <ul style="list-style-type: none"> • Take part in research discussions • Develop an understanding of basic research methods • Plan a small-scale research project <p>The above 3 learning outcomes will not be formally assessed. Students will be introduced to basic research methods, and to the literature around carrying out research. This will include interviews, questionnaires and focus groups as a method for data collection. Students will begin to identify an area for a small-scale research project to be undertaken in Year 2. N.B. Collection of data and analysis of findings will take place at the start of Year 2 (See Counselling Practice, Supervision and Research</p>

	2)
Syllabus Outline	<ul style="list-style-type: none"> • One term (12 weeks) of counselling skills workshops focussing on core relationship qualities and basic counselling skills • One term (12 weeks) of supervision group presentations and discussions • One term (6 weeks) of research methods workshops focussing on basic research methods and planning small-scale research
Contact Hours/Scheduled Hours	One and a half hours for 30 weeks workshops in small/large groups.
Teaching and Learning Methods	<p>Scheduled Learning</p> <ul style="list-style-type: none"> • Weekly workshops based on skills (one term), supervision (one term) and research (one term) <p>Independent Learning:</p> <ul style="list-style-type: none"> • Reading and preparation for skills and supervision presentations <p>Placement Learning</p> <ul style="list-style-type: none"> • Experience of client work in a placement setting (weekly) <p>We are actively exploring ways of developing TEL within this Module.</p>
Reading Strategy	<p>All students will be expected to make full use of the print and electronic resources available to them through the university.</p> <p>All essential and further reading will be indicated clearly in the module handbook and via blackboard.</p>
Indicative Reading List	<p>Gilbert M & Evans K (2000) <i>Psychotherapy Supervision</i> Buckingham, OUP</p> <p>Hawkins P & Shohet R (2012) <i>Supervision in the Helping Professions</i> Maidenhead, OUP</p> <p>McLeod J (2003) <i>Doing Counselling Research</i> London, Sage</p> <p>McLeod J (2011) <i>Qualitative Research in Counselling and Psychotherapy</i> London, Sage</p> <p>Proctor B (2008) <i>Group Supervision</i> London, Sage</p> <p>Stedmon J & Dallos R (2009) <i>Reflective Practice in Psychotherapy and Counselling</i> Maidenhead, OUP</p>

Part 3: Assessment

Assessment Strategy	<p>The self, peer and tutor assessment of skills (Formative) consists of</p> <ol style="list-style-type: none"> 1. A personal reflection based on counselling skills acquired to date and an understanding of the counselling process. 2. Feedback from peers based on the above. 3. Feedback from tutors based on the above. 4. A video recording of a skills practice session with a peer. <p>The above is designed to give students the opportunity to demonstrate their ability to:</p>
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	<div>1. Use counselling skills effectively</div> <div>2. Reflect realistically on their experience of counselling</div> <div>3. Use specific counselling skills</div>		
	<div>The self, peer and tutor assessment of counselling skills in the context of supervision (Summative) consists of:</div> <div>1. A written self-evaluation based on a specific pro-forma</div> <div>2. A verbal presentation to a supervision group</div> <div>3. Giving and receiving feedback to/from peers</div> <div>4. Receipt of feedback from tutor</div>		
	<div>This assessment is designed to give students the opportunity to demonstrate</div> <div>1. Awareness of the value of counselling supervision and their own supervisory needs</div> <div>2. Awareness of the role of counsellor in the counselling relationship</div> <div>3. Awareness of the role of counselling</div>		
	<div>The approach to learning and assessment for this Module is group-based and interactive and there are continuous opportunities for feedback from peers and tutors in an experiential and practice based setting. Skills / Supervision sessions offer the opportunity for weekly feedback.</div>		
Identify final assessment component and element			
% weighting between components A and B (Standard modules only)		A:	B:
		100	
First Sit			
Component A (controlled conditions) Description of each element		Element weighting (as % of component)	
1. Self, peer and Tutor assessment of Counselling Practice based on supervision presentations		Pass/Fail	
Resit (further attendance at taught classes is not required)			
Component A (controlled conditions) Description of each element		Element weighting (as % of component)	
1. Viva examination based on supervision of client work		Pass/Fail	
If a student is permitted an EXCEPTIONAL RETAKE of the module the assessment will be that indicated by the Module Description at the time that retake commences.			