



CORPORATE AND ACADEMIC SERVICES


MODULE SPECIFICATION

| Part 1: Basic Data | | | | | |
|-----------------------|--|--------------------|---------------------------|----------------|----------|
| Module Title | Counselling and Related Skills for reducing barriers to learning | | | | |
| Module Code | UTTGTB-30-3 | Level | 3 | Version | 1 |
| Owning Faculty | ACE | Field | PECES | | |
| Contributes towards | BA HONS EDUCATION IN PROFESSIONAL PRACTICE | | | | |
| UWE Credit Rating | 30 | ECTS Credit Rating | 15 | Module Type | Standard |
| Pre-requisites | NA | | Co- requisites | NA | |
| Excluded Combinations | UTLGDB-20-3 | | Module Entry requirements | | |
| Valid From | September 2013 | | Valid to | September 2019 | |

| | |
|--------------------------|-------------|
| CAP Approval Date | 30 May 2013 |
|--------------------------|-------------|

| Part 2: Learning and Teaching | |
|-------------------------------|--|
| Learning Outcomes | <p>On successful completion of this module students will have:</p> <ol style="list-style-type: none"> 1. A critical understanding of various models of counselling (Comp A,B); 2. The capacity to engage with children, young people or adults in a specific role in counselling within an educational setting(Comp A,B); 3. Capacity to analyse the issues relating to counselling within a formal educational setting and awareness of the tensions that may arise around confidentiality and record keeping (Comp A,B); 4. The ability to use the skills required for active listening (Comp A,B); 5. The capability to adopt an ethical stance in relation to their practices, demonstrating sensitivity to maintenance of appropriate boundaries (Comp B); 6. the ability to make informed judgements (Comp B); 7. the ability to organise and present ideas and information coherently (Comp A/B); 8. the ability to communicate effectively, including the capacity to communicate the processes and outcomes of their learning (Comp A); <p>Transferable skills form part of the educational experience but will not be formally assessed include the following:</p> <ul style="list-style-type: none"> • the ability to work effectively in collaboration with others; • enhanced their capacity to engage with discursive skills |
| Syllabus | <ul style="list-style-type: none"> • The development of counselling as a therapy, and understand the difference |

| | | | | | | | | | |
|---|--|----------------------|------------|---|------------|------------------------------------|----------|-----------------------------------|--------------|
| Outline | <p>between major models of counselling</p> <ul style="list-style-type: none"> • Understand the use of a 'holistic' blend of counselling approaches and how to develop this appropriately • Engage in ways of learning about the child, young person or client through case study, recognising individual needs and cultural factors • Recognise the roles and responsibilities of other professionals in relation to provision of counselling for children, young people, client and families • Experience and role play practical aspects of counselling and active listening • Engage in personal and professional reflection to enhance counselling awareness • Discuss and clarify the tensions around issues of confidentiality and maintaining boundaries in educational settings • Evaluate the role of counselling within the professional practice of a range of additional adults working within formal and informal educational settings • Explore some of the areas where counselling could be beneficial such as, bullying, learning difficulties, assessment and diagnosis, behaviour, bereavement, transition, change, abuse and neglect, self harm, eating disorders, anxiety and low mood, social disorders etc • Understand the ethical protocols required for such professional practice | | | | | | | | |
| Contact Hours | <p>Contact time for this module will take the form of lectures, seminars, tutorials, workshops, presentations, directed study, online engagement and e-mail contact. The following structure represents a typical delivery; the precise delivery pattern will vary from year to year.</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 70%;">Whole cohort events:</td> <td style="text-align: right;">32.5 hours</td> </tr> <tr> <td>Guided study (group & individual tasks, including online engagement):</td> <td style="text-align: right;">13.5 hours</td> </tr> <tr> <td>Work – related learning activities</td> <td style="text-align: right;">26 hours</td> </tr> <tr> <td> Total contact scheduled hours</td> <td style="text-align: right;"> 72 hours</td> </tr> </table> | Whole cohort events: | 32.5 hours | Guided study (group & individual tasks, including online engagement): | 13.5 hours | Work – related learning activities | 26 hours | Total contact scheduled hours | 72 hours |
| Whole cohort events: | 32.5 hours | | | | | | | | |
| Guided study (group & individual tasks, including online engagement): | 13.5 hours | | | | | | | | |
| Work – related learning activities | 26 hours | | | | | | | | |
| Total contact scheduled hours | 72 hours | | | | | | | | |
| Teaching and Learning Methods | <p>Scheduled learning includes lectures, seminars, tutorials, project supervision, demonstration, practical classes and workshops; fieldwork; external visits; work based learning; supervised time in studio/workshop.</p> <p>Independent learning includes hours engaged with essential reading, case study preparation, assignment preparation and completion etc. These sessions constitute an average time per level as indicated in the table below. Scheduled sessions may vary slightly depending on the module choices you make.</p> <p>Placement learning: This is an important aspect within this programme and includes on average 100 hours per 30 credit module. Participants are expected to be in the workplace throughout their study.</p> | | | | | | | | |
| Key Information Sets Information | <p>This programme is a top up of one year at level 3 for those who have achieved 240 credits through a Foundation Degree either in UWE Federation programmes or outside the university. This has led to the programme being timetabled to take place on one day of the week to enable all participants to continue working and to study alongside this process in a similar manner to when they were studying their FdA.</p> <p>The hours entered in the table below reflect this reality in that scheduled contact time is low whilst placement study time is relatively high.</p> | | | | | | | | |

| Hours to be allocated | Scheduled learning and teaching study hours | Independent study hours | Placement study hours | Allocated Hours | |
|-----------------------|---|-------------------------|-----------------------|-----------------|---|
| 300 | 72 | 128 | 100 | 300 |  |
| | | | | | |
| | | | | | |
| | | | | | |

The table below indicates as a percentage the total assessment of the module which constitutes a -

Written Exam: Unseen written exam, open book written exam, In-class test

Coursework: Written assignment or essay, report, dissertation, portfolio, project

Practical Exam: Oral Assessment and/or presentation, practical skills assessment, practical exam

Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:

| Total assessment of the module: | |
|--------------------------------------|------|
| Written exam assessment percentage | 0% |
| Coursework assessment percentage | 75% |
| Practical exam assessment percentage | 25% |
| | 100% |

Reading Strategy

Essential reading: Students are encouraged to read a wide range of articles and texts concerning counselling and related skills many of which are available electronically. There are several texts available which will be listed in the module handbook and a copy of each is provided in the Library. Where texts are available as e-books, these will be available on the library website.

Further reading: All students are encouraged to read widely using the library catalogue, a variety of bibliographic and full text databases and Internet resources. Many resources can be accessed remotely. Guidance to some key authors and journal titles available through the Library will be given in the Module Guide and updated annually. Assignment reference lists are expected to reflect the range of reading carried out.

Access and skills: Students are expected to be able to identify and retrieve appropriate reading. This module offers an opportunity to further develop information skills introduced at Level 1. Students will be given the opportunity to attend the GDP sessions on selection of appropriate databases and search skills. Additional support is available through the Library Services web pages, including interactive tutorials on finding books and journals, evaluating information and referencing. Sign up workshops are also offered by the Library.

Indicative reading list: The list included as part of the module specification provides an indication of the type and level of texts which students might be expected to refer to as part of the work on this module. Current advice on additional reading will be found in the module handbook and on Blackboard.

Indicative Reading List

Axline V. M (1990) *Dibs in search of self: Personality Development in Play therapy*
London:Penguin

| | |
|--|---|
| | <p>Bomber L (2007) <i>Inside I'm hurting: Practical strategies for supporting children with attachment difficulties in schools</i> London: Worth Publishers</p> <p>Geldard K & Geldard D (2007) <i>Counselling Children: A practical introduction</i> London: Sage Publishers</p> <p>Hornby G (2003) <i>Counselling pupils in school: skills and strategies for teachers</i> London: Routledge Falmer</p> <p>Lawrence D, (2001), <i>Building Self Esteem With Adult Learners</i>, London: Sage</p> <p>Macconville, R. (2006) <i>Teaching peer support for caring and cooperation: a six-step method : talk time</i> London: Paul Chapman</p> <p>Prever M (2010) <i>Counselling and supporting Children and Young people: A person-Centred Approach</i> London: Sage Publishers</p> <p>Sharry J (2003) <i>Counselling Children, Adolescents and Families: A strengths-based approach</i> London: Sage Publishers</p> |
|--|---|

| Part 3: Assessment | |
|----------------------------|--|
| Assessment Strategy | <p>The Department of Education views assessment and assessment feedback as an integral part of the learning and teaching process and, as such, provides a range of assessment opportunities which are innovative and creative yet rigorous and able to fulfil the requirements of both the University of West of England and relevant professional bodies. There will be both a variety of assessment types and methods utilised throughout each of the programmes and a variety of forms of feedback incorporating formative and summative perspectives on academic and professional development.</p> <p>Assessment Criteria adhered to within the Education Department as follows for level 3 :</p> <p>A: Conceptual Domain (Core for each component)</p> <p>The assignment demonstrates that the student can use and organise coherently relevant ideas, perspectives or theories to interpret and/or explore issues under study and in addition can critically analyse and/or evaluate those ideas, perspectives or theories.</p> <p>C: Contextual Domain</p> <p>The assignment demonstrates that the student has an awareness of the significance of relevant contextual factors (eg personal, locational, historical, political etc) influencing the area of study.</p> <p>E: Ethical Domain</p> <p>The assignment demonstrates that the student has an awareness of ethical issues arising in or associated with the area of study, showing sensitive engagement with an appropriate ethical framework for interpretation of ideas or for practice.</p> <p>Formative Assessment</p> <p>Students will be encouraged to maintain a reflective journal throughout this module to enhance their awareness of counselling practices, this will not be formally assessed though students will draw upon it in their directed tasks for Component B. Feedback on students' progress in their studies on this module will be provided during face to face meetings, via on line means, during seminars and in small group tutorials.</p> <p>Summative Assessment</p> <p>Component A an 8 minute presentation forms the controlled conditions aspect of this module and will be held in-class during the time allocated for the module.</p> <p>Component B will comprise of a series of directed tasks developed within the module and appropriate to the needs of the learners in line with the learning outcomes for the module</p> |

| | |
|---|--------------------|
| Identify final assessment component and element | Component B |
|---|--------------------|

| | | |
|--|--------------------------|-----------|
| % weighting between components A and B (Standard modules only) | A: | B: |
| | 25 | 75 |
| First Sit | | |
| Component A (controlled conditions) Description of each element | Element weighting | |
| An 8 minute poster presentation, A3 size, on a topic chosen from the learning outcomes of the module, to a tutor and group of peers. Students will be required to talk about their poster and answer questions from the tutor. ASSESSMENT CRITERIA AL3 Conceptual Domain The assignment demonstrates that the student can use and organise coherently relevant ideas, perspectives or theories to interpret and/or explore issues under study and in addition can critically analyse and/or evaluate those ideas, perspectives or theories. | 100% | |
| Component B Description of each element | Element weighting | |
| A portfolio of directed tasks completed throughout the course amounting to approximately 3750 words. ASSESSMENT CRITERIA AL3 CL3, EL3 | 100% | |

| | | |
|---|--------------------------|--|
| Resit (further attendance at taught classes is not required) | | |
| Component A (controlled conditions) Description of each element | Element weighting | |
| An 8 minute poster presentation, A3 size, on a topic chosen from the learning outcomes of the module, to a tutor. Students will be required to talk about their poster and answer questions from the tutor. ASSESSMENT CRITERIA AL3 Conceptual Domain The assignment demonstrates that the student can use and organise coherently relevant ideas, perspectives or theories to interpret and/or explore issues under study and in addition can critically analyse and/or evaluate those ideas, perspectives or theories. | 100% | |
| Component B Description of each element | Element weighting | |
| A portfolio of directed tasks completed throughout the course amounting to approximately 3750 words. ASSESSMENT CRITERIA AL3 ,CL3, EL3 | 100% | |
| If a student is permitted an EXCEPTIONAL RETAKE of the module the assessment will be that indicated by the Module Description at the time that retake commences. | | |