CORPORATE AND ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic Data					
Module Title	Foundations of Mental Health				
Module Code	UZZSN6-30-1		Level	1	Version	1
Owning Faculty	Health and Life Sciences		Field	Mental Health and Learning Disabilities	
Contributes towards	BSc (Hons) Nursing (Mental Health)				
UWE Credit Rating	30	ECTS Credit Rating	15	Module Type	Project
Pre-requisites	None		Co- requisites	None	
Excluded Combinations	None		Module Entry requirements	N/A	
Valid From	September 2013		Valid to	September 2019	

CAP Approval Date	9 May 2013

Part 2: Learning and Teaching	
Learning Outcomes	On successful completion of this module students will be able to: • Identify the major groupings of mental disorder, diagnosis and treatment approaches (Component A) • Identify and discuss the biopsychosocial and spiritual factors contributing to mental wellbeing, care and treatment (Component A) • Discuss the principles of the recovery approach in relation to contemporary mental health care (Component A) • Identify the key elements of therapeutic engagement, including working with families and carers (Component A) • Demonstrate an understanding of common medication and their administration (Component A) • Discuss the effects of stigma, social inclusion and exclusion in relation to people with mental health needs, their family and friends (Component A) • Recognise the diverse nature of the mental health nurse role (Component A) • Describe the links between physical health, long term conditions and mental ill health (Component A) • Demonstrate an understanding of the legal and ethical issues that underpin the provision of care (Component A) • Discuss current care pathways within a range of mental health services (Component A) • Discuss the importance of support mechanisms to facilitate safe and reflective clinical practice (Component A) • Demonstrate an awareness of evidence based therapeutic interventions (Component A)

Syllabus Outline	**Professional Values** History of mental health provision Global mental health perspectives The role of the mental health nurse Professional codes, ethics, law and humanities **Communication and Interpersonal Skills** Person Centred Care Working collaboratively with families and friends Therapeutic engagement and assessment across the age spectrum The recovery approach Working with emotional responses **Nursing Practice and Decision Making** Wellness and illness continuum Biological, psychological and social factors contributing to illness – i.e. childhood experiences (risk and resilience), family and genetic influence, poverty, stress vulnerability Approaches to understanding biopsychosocial models of mental disorder Classifications of mental illness across the age spectrum: - Psychosis (severe and enduring mental illness) - Mood Disorders - Organic Disorders - Substance Misuse - Personality Disorders - Eating Disorders - Dual diagnosis and Substance misuse Pharmacology and medicines administration and management Risk assessment Organisation of care across the age spectrum including; Child and Adolescent Mental Health Services (CAMHS), Early Intervention Services, Psychiatric Liaison, Crisis Teams, Home Treatment Teams, Community and Inpatient services Causes of common health conditions and the interaction between physical and mental health and illness Public health **Leadership, Management and Team Working** Keeping yourself and others safe – identifying supportive frameworks
Contact Hours/Scheduled Hours	A total of 72 contact hours in the form of seminars, lectures and online activities
Teaching and Learning Methods	A variety of approaches will be used which may include: • Practice experience • Simulation • Clinical skills • Technology enhanced learning • Workshops and master classes • Lectures and Seminars • Enquiry based learning • Case based learning • Role play Those learning outcomes not individually mapped to the module assessment will be assessed formatively within the module delivery.

Key Information Sets Information	Key Information Sets (KIS) are produced at programme level for all programmes that this module contributes to, which is a requirement set by HESA/HEFCE. KIS are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.

Key Information Set - Module data

Number of credits for this module				30	

Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours	
300	72	78	150	300	✅

The table below indicates as a percentage the total assessment of the module which constitutes a -

Coursework: Written assignment

Total assessment of the module:			
Written exam assessment percentage			
Coursework assessment percentage		100%	
Practical exam assessment percentage			
			100%

| Reading Strategy | **Core readings:**

Any essential reading will be indicated clearly, along with the method for accessing it, e.g. students may be expected to purchase a set text, be given a study pack or be referred to texts that are available electronically, or in the Library. Module guides will also reflect the range of reading to be carried out.

Further readings:

Further reading is advisable for this module, and students will be encouraged to explore at least one of the titles held in the library on this topic. A current list of such titles will be given in the module guide and revised annually.

Access and skills:

Formal opportunities for students to develop their library and information skills are provided within the induction period. Additional support is available through the Library Services web pages, including interactive tutorials on finding books and journals, evaluating information and referencing. Sign-up workshops are also offered by the Library. |
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| Indicative Reading List | The following list is offered to provide validation panels/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification. *Current* advice on additional reading will be available via the module guide or Blackboard pages.

References are cited according to UWE Harvard, the prescribed form of referencing within the Faculty of Health and Life Sciences. |
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Arnold, E. and Underman-Boggs, K. (2011). Interpersonal Relationships: *Professional Communication Skills for Nurses*, 6th ed. Philadelphia: Saunders Co. Ltd.

Barber, P. and Robertson, D. (2012) *Essentials of Pharmacology for Nurses*. [online]. 2nd ed. Oxford: Open University Press. [Accessed 15 February 2013].

Barker, P. (2009) *Psychiatric and Mental Health Nursing: The Craft of Caring,* 2nd ed. London: Hodder and Arnold.

Dougherty, L. and Lister, S. eds (2011) *The Royal Marsden Hospital Manual of Clinical Nursing Procedures.* [online]. 8th ed. London: Wiley-Blackwell. [Accessed 15 February 2013].

Howatson-Jones, L. (2013) *Reflective Practice in Nursing.* 2nd ed. Exeter: Learning Matters Ltd.

Nash, M. (2010) *Physical Health and Well-Being in Mental Health Nursing: Clinical Skills for Practice.* [online]. Oxford: Open University Press. [Accessed 15 February 2013].

Norman, I. and Ryrie, I. (2009). *The Art and Science of Mental Health Nursing: A textbook of principles and Practice*. [online] 2nd ed. Buckingham: Open University Press. [Accessed 15 February 2013].

Peate, I. (2012) *The Student's Guide to Becoming a Nurse*. [online]. 2nd ed. London: Wiley-Blackwell. [Accessed 15 February 2013].

Part 3: Assessment		
Assessment Strategy	A 3000 word case based assignment, which will reflect the learning outcomes of the module.	

Identify final assessment component and element	Component A	
	A:	**B**:
% weighting between components A and B (Standard modules only)		

First Sit

Component A (controlled conditions) **Description of each element**	**Element weighting (as % of component)**
1. 3000 Word Case Based Assignment	100%

Resit (further attendance at taught classes is not required)	
Component A (controlled conditions) **Description of each element**	**Element weighting (as % of component)**
1. 3000 Word Case Based Assignment	100%

If a student is referred/failed in practice they will be required to attend a further placement opportunity at the discretion of the award board. They do not attend other components of the module.

If a student is permitted an **EXCEPTIONAL RETAKE** of the module the assessment will be that indicated by the Module Description at the time that retake commences.