



Module Specification

Gestalt Counselling Skills

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Part 1: Information

Module title: Gestalt Counselling Skills

Module code: USPJKM-30-1

Level: Level 4

For implementation from: 2023-24

UWE credit rating: 30

ECTS credit rating: 15

Faculty: Faculty of Health & Applied Sciences

Department: HAS Dept of Social Sciences

Partner institutions: None

Field: Psychology

Module type: Module

Pre-requisites: None

Excluded combinations: None

Co-requisites: Person Centred Counselling Skills 2023-24

Continuing professional development: No

Professional, statutory or regulatory body requirements: None

Part 2: Description

Overview: Not applicable

Features: Module Entry Requirements: Enrolment on certificate in counselling skills

Educational aims: See Learning Outcomes.

Outline syllabus: The syllabus includes:

Gestalt theory

Awareness, cycle of experience, contact styles and experiment

Supervision

Students will work in the first two sessions in small groups exploring personal material to enable experiential understanding of the theory (group and individual processes) that will be covered.

Part 3: Teaching and learning methods

Teaching and learning methods: Contact Hours (43 hours) to include: lectures, seminars, tutorials, demonstration, and counselling skills practice, plus 1 hour per week peer support.

Independent learning: Expectation of learning through independent reading and peer support.

Placement learning: Students must be in a paid work or voluntary setting where they have an opportunity to practise counselling skills.

Module Learning outcomes: On successful completion of this module students will achieve the following learning outcomes.

MO1 Understand the main theoretical and practical features of a gestalt approach

MO2 Demonstrate the safe and competent use of counselling skills

MO3 Make constructive use of supervision

MO4 Understand the basic principles of group processes

MO5 Show an awareness of diversity in relation to counselling skills practice

Hours to be allocated: 300

Contact hours:

Independent study/self-guided study = 246 hours

Face-to-face learning = 43 hours

Total = 289

Reading list: The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspjkm-30-1.html) via the following link <https://uwe.rl.talis.com/modules/uspjkm-30-1.html>

Part 4: Assessment

Assessment strategy: See Assessment.

Assessment tasks:

Portfolio (First Sit)

Description: Portfolio of :

- a) Record of peer support meetings
- b) Skills feedback record
- c) Supervision assessment
- d) 1000 word personal learning and self awareness reflection

Pass/Fail

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Written Assignment (First Sit)

Description: Gestalt essay of 2000 words

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Portfolio (Resit)

Description: Portfolio of :

- a) Record of peer support meetings
- b) Skills feedback record
- c) Supervision assessment
- d) 1000 word personal learning and self awareness reflection

Pass/Fail

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Written Assignment (Resit)

Description: Gestalt essay of 2000 words

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

Part 5: Contributes towards

This module contributes towards the following programmes of study: