



CORPORATE AND ACADEMIC SERVICES

MODULE SPECIFICATION

Part 1: Basic Data					
Module Title	Gestalt Counselling Skills				
Module Code	USPJKM-30-1	Level	1	Version	1
Owning Faculty	Health and Applied Sciences	Field	Psychology		
Contributes towards	Certificate in Counselling Skills				
UWE Credit Rating	30	ECTS Credit Rating	15	Module type	Professional practice
Pre-requisites	None		Co- requisites	Person Centred Counselling Skills	
Excluded Combinations	None		Module entry requirements	Enrolment on certificate in counselling skills	
Valid From	September 2012		Valid to	September 2018	

CAP Approval Date	3 July 2012
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Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ul style="list-style-type: none"> • Understand the main theoretical and practical features of a gestalt approach • Demonstrate the safe and competent use of counselling skills • Make constructive use of supervision • Understand the basic principles of group processes • Show an awareness of diversity in relation to counselling skills practice
Syllabus Outline	<ul style="list-style-type: none"> • Gestalt theory • Awareness, cycle of experience, contact styles and experiment • Group process • Supervision
Contact Hours/Scheduled Hours	<p>12 weeks x 3 hours Plus 1 hour per week peer support 1 day workshop 6 hours Total = 54 hours</p>
Teaching and Learning Methods	<p>Scheduled learning includes lectures, seminars, tutorials, demonstration, and counselling skills practice</p> <p>Independent learning. Expectation of learning through independent reading and</p>

	peer support Placement learning: students must be in a paid work or voluntary setting where they have an opportunity to practise counselling skills
Reading Strategy	All students will be encouraged to make full use of the print and electronic resources available to them through membership of the university. These include a range of electronic journals and a wide variety of resources available through web sites and information gateways. The university library's web pages provide access to subject relevant resources and services, and to the library catalogue. Many resources can be accessed remotely. Students will be presented with opportunities within the curriculum to develop their information retrieval and evaluation skills in order to identify such resources effectively. This guidance will be available either in the module handbook, via the module information on uwe online or through any other vehicle deemed appropriate by the module / programme leaders.
Indicative Reading List	Clarkson P & MacKewn J (1993) <i>Fritz Perls</i> London, Sage D' Ardenne P (2012) <i>Counselling in Transcultural Settings: Priorities for a Restless World</i> London, Sage Hawkins P & Shohet (2006) <i>Supervision in the Helping Professions</i> Maidenhead, OUP Houston G (2012) <i>Gestalt Counselling in a Nutshell</i> London, Sage Joyce P & Sills C (2010 2 nd ed) <i>Skills in Gestalt Counselling</i> London, Sage Perls F, Hefferline R & Goodman (1973) <i>Gestalt Therapy: Excitement and Growth in the Human Personality</i> Harmondsworth, Penguin Sills C, Lapworth P & Desmond B (2012) <i>An Introduction to Gestalt</i> London, Sage Yalom I (2005) <i>The Theory and Practice of Group Psychotherapy (5th ed)</i> New York, Basic Books Zinker j (1977) <i>Creative Process in Gestalt Therapy</i> New York, Vintage Books

Part 3: Assessment		
Identify final assessment component and element	n/a	
% weighting between components A and B (Standard modules only)	A:	B:
First Sit		
Component A (controlled conditions) Description of each element	Element weighting (as % of component)	
1. Portfolio of : a) Record of peer support meetings b) Skills feedback record c) Supervision assessment d) 1000 word personal learning and self awareness reflection	PASS / FAIL	

Component B Description of each element	Element weighting (as % of component)
1. Gestalt essay 2000 words	100

Resit (further attendance at taught classes is not required)

Component A (controlled conditions) Description of each element	Element weighting (as % of component)
Portfolio of : a) Record of peer support meetings b) Skills feedback record c) Supervision assessment d) 1000 word personal learning and self awareness reflection	PASS / FAIL
Component B Description of each element	Element weighting (as % of component)
1. Gestalt essay 2000 words	100

If a student is permitted an **EXCEPTIONAL RETAKE** of the module the assessment will be that indicated by the Module Description at the time that retake commences.