



## **Module Specification**

### Workplace Health and Wellbeing

Version: 2023-24, v2.0, 19 Jul 2023

#### **Contents**

<b>Module Specification .....</b>	<b>1</b>
<b>Part 1: Information .....</b>	<b>2</b>
<b>Part 2: Description .....</b>	<b>2</b>
<b>Part 3: Teaching and learning methods .....</b>	<b>3</b>
<b>Part 4: Assessment.....</b>	<b>5</b>
<b>Part 5: Contributes towards .....</b>	<b>6</b>

## Part 1: Information

**Module title:** Workplace Health and Wellbeing

**Module code:** UZVSJL-20-3

**Level:** Level 6

**For implementation from:** 2023-24

**UWE credit rating:** 20

**ECTS credit rating:** 10

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS Dept of Social Sciences

**Partner institutions:** None

**Field:** Health, Community and Policy Studies

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** Workplace Health and Wellbeing 2023-24

**Co-requisites:** None

**Continuing professional development:** Yes

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Module Entry requirements: Students should have prior academic learning at an appropriate level, and experience of, or working in, an appropriate environment to meet the learning outcomes.

**Educational aims:** See Learning Outcomes.

**Outline syllabus:** Theoretical frameworks for workplace health and wellbeing programmes

Organisational structure and management styles and their effect on employee health and wellbeing

Assessment of organisational health and wellbeing

Theoretical frameworks for absence management and the management of employees with long term health conditions,

The workplace as a setting for health promotion and the evidence base for the effectiveness of workplace health promotion programmes and health interventions

Theories of organisational change, employee engagement, the psychological contract and the effect on health and wellbeing

Current Health and Safety and Employment Law and their application in organisations

Leadership and influencing organisational health and wellbeing programmes and interventions

The role of Occupational Health services within the public health and the workplace health and wellbeing agendas

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** A blended learning approach is used including lectures, master classes, self-directed study, group work, e-learning and case study discussions.

24 hours of lectures and 6 hours of peer group learning.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

- MO1** Explain the relevance of the economic, public health agendas and theoretical frameworks related to workplace health and wellbeing
- MO2** Discuss the changing nature of work and workforce demographics and the effect of work on health and wellbeing
- MO3** Describe organisational structure and the role of leadership related to workplace health and wellbeing
- MO4** Explain the effect of organisational change and employee engagement on employee health and wellbeing and work performance
- MO5** Evaluate the evidence base and theoretical models for the management of employees with long term health conditions, absence management, workplace health promotion and health interventions
- MO6** Analyse and discuss the application of Employment, Equality and Health and Safety Legislation
- MO7** Perform a workplace health risk assessment and identify how the results may be used to influence organisational policy in relation to employee health and wellbeing
- MO8** Identify the contribution of Work and Wellbeing practitioners including Occupational Health Nurses to the public health agenda
- MO9** Identify collaborative methods of working in order to assess and effectively manage workplace health and wellbeing

**Hours to be allocated:** 200

**Contact hours:**

Independent study/self-guided study = 170 hours

Face-to-face learning = 30 hours

Total = 200

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/index.html) via the following link <https://uwe.rl.talis.com/index.html>

## Part 4: Assessment

**Assessment strategy:** Assessment consists of a presentation based on findings from a health and wellbeing assessment carried out in their organisation.

This is appropriate to meet the learning outcomes of the module as it enables students to reflect on their professional experiences, critically appraise the evidence related to workplace health and wellbeing as well as being valuable practical experience in relation to influencing organisational health and wellbeing policy.

Questions following the presentation will allow for an opportunity to clarify the students' knowledge and understanding.

A maximum time limit of 30 minutes will be set per presentation

### Assessment tasks:

#### **Presentation (First Sit)**

Description: Individual presentation (a maximum of 30 minutes in length)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

#### **Presentation (Resit)**

Description: Individual presentation (a maximum of 30 minutes in length)

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5, MO6, MO7, MO8, MO9

## Part 5: Contributes towards

This module contributes towards the following programmes of study:

Public Health (Specialist Community Public Health Nursing - Occupational Health Nursing) [Glenside] PGDip 2023-24

Public Health (Specialist Community Public Health Nursing - Occupational Health Nursing) [Glenside] PGDip 2023-24

Public Health (Specialist Community Public Health Nursing - School Nursing) {Top-Up} [Glenside] BSc (Hons) 2023-24

Public Health (Specialist Community Public Health Nursing - School Nursing) {Top-Up} [Glenside] BSc (Hons) 2023-24

Public Health (Specialist Community Public Health Nursing - Occupational Health Nursing) {Top-Up} [Glenside] BSc (Hons) 2023-24

Public Health (Specialist Community Public Health Nursing - Health Visiting) {Top-Up} [Glenside] BSc (Hons) 2023-24

Public Health (Specialist Community Public Health Nursing - School Nursing) [Glenside] PGDip 2023-24

Public Health (Specialist Community Public Health Nursing - School Nursing) [Glenside] PGDip 2023-24

Public Health (Specialist Community Public Health Nursing - Health Visiting) [Glenside] PGDip 2023-24

Nursing (International)[BIBM] MSc 2023-24

Nursing (International)[Villa] MSc 2023-24

Nursing (International)[Glenside] MSc 2023-24

Public Health (Specialist Community Public Health Nursing - Health Visiting) {Top-Up} [Glenside] BSc (Hons) 2022-23

Public Health (Specialist Community Public Health Nursing - Occupational Health Nursing) [Glenside] PGDip 2022-23

Public Health (Specialist Community Public Health Nursing - School Nursing)

[Glenside] PGDip 2022-23

Public Health (Specialist Community Public Health Nursing - School Nursing) {Top-Up} [Glenside] BSc (Hons) 2022-23

Public Health (Specialist Community Public Health Nursing - Health Visiting)

[Glenside] PGDip 2022-23

Public Health (Specialist Community Public Health Nursing - Occupational Health Nursing) {Top-Up} [Glenside] BSc (Hons) 2022-23