



## **Module Specification**

### **Professional Skills in Health Psychology 2**

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## Part 1: Information

**Module title:** Professional Skills in Health Psychology 2

**Module code:** USPJKG-30-M

**Level:** Level 7

**For implementation from:** 2023-24

**UWE credit rating:** 30

**ECTS credit rating:** 15

**Faculty:** Faculty of Health & Applied Sciences

**Department:** HAS Dept of Social Sciences

**Partner institutions:** None

**Field:** Psychology

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** None

**Co-requisites:** None

**Continuing professional development:** No

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** Not applicable

**Features:** Not applicable

**Educational aims:** See Learning Outcomes.

**Outline syllabus:** Being Professional - what does being 'professional' mean?;  
Personal conduct; Formal and informal codes of conduct; confidentiality,  
trustworthiness, keeping data secure, ethics

## Learning agendas and Continuing Professional Development (CPD)

Reflection: the importance of reflection, developing reflective skills, possible problems

Giving and receiving feedback - What constitutes effective feedback? advantages and disadvantages of modes of feedback (written, verbal) and effective, appropriate use of both; acting as an external reviewer

Applying for funding – identifying possible sources of funding, agendas, user involvement, optimising your chances of success

Working with the Media - experiences of working with the media; differing agendas; Why should health psychologists engage with the media? Working with the print media, TV and radio; Writing a good press release; Clarifying and delivering a message (including promoting health psychology and dissemination - choosing an audience and mode of delivery)

Working with Others; Valuing differences; equality awareness

Developing team working skills; what makes an effective team? pros and cons of team working

## **Part 3: Teaching and learning methods**

**Teaching and learning methods:** Professional Skills doctoral schools will consist of discussion, debate and group activities. Students are required to keep a log of their experiential and more formal learning throughout their period of registration on the Programme. The logbook should provide a record (including details of date, time spent and cross referenced to documentary evidence) of all the activities and experiences which have enabled the competencies to be gained. As the log is

intended to encourage reflection, students should also provide a brief summary on the ways each experience has led to the acquisition of the competency in question.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Demonstrate the ability to assess the need for psychological advice

**MO2** Effectively provide and evaluate the impact of psychological advice

**MO3** Provide evidence of the ability to establish, maintain and review systems to safeguard the security and control of information

**MO4** Demonstrate compliance with legal, ethical and professional standards of practice by themselves and by others

**MO5** Demonstrate competence of themselves and others in research and practice in health psychology

**MO6** Demonstrate the appropriate use of methods and sources to evaluate personal knowledge and professional practice

**MO7** Provide evidence of the ability to identify and address areas of weakness in professional practice

**MO8** Identify, critically evaluate and incorporate credible examples of good practice into their professional lives

**MO9** Demonstrate skills necessary to regularly evaluate the competencies of self and others

**MO10** Appreciate the benefits of continuing professional development as a Chartered Health Psychologist

**MO11** Critically evaluate and incorporate credible examples of good practice and advice into his/her professional life

**MO12** Demonstrate an appreciation of the boundaries of competence in professional practice

**MO13** Recognise and address threats to the well being of self and others in professional contexts

**MO14** Assess effectively the need for psychological advice

**MO15** Assess the potential and actual impact of psychological advice

**MO16** Establish, maintain and review appropriate systems to promote and ensure high standards of professional practice in health psychology

**MO17** Demonstrate skills in providing effective psychological advice and guidance to others, based on relevant and current knowledge and principles and identify/facilitate effective team working

**MO18** Demonstrate enhanced communication skills

**MO19** Demonstrate skills in the development and evaluation of materials to support health related behaviour change

**MO20** Develop enhanced skills in self-directed learning

**MO21** Demonstrate familiarisation with e-technology

**Hours to be allocated:** 300

**Contact hours:**

Independent study/self-guided study = 228 hours

Face-to-face learning = 72 hours

Total = 300

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uspjkg-30-m.html) via the following link <https://uwe.rl.talis.com/modules/uspjkg-30-m.html>

## **Part 4: Assessment**

**Assessment strategy:** This module has no assessment strategy

**Assessment tasks:**

**Report** (First Sit)

Description: Reflective Report (3,000 words maximum)

Weighting:

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO13, MO14, MO15, MO16, MO17, MO18, MO19, MO2, MO20, MO21, MO3, MO4, MO5, MO6, MO7, MO8, MO9

**Professional Practice Report (First Sit)**

Description: Professional Practice Learning Log maintained over a minimum of 2 years' full-time supervised practice

(Pass/Fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO13, MO14, MO15, MO16, MO17, MO18, MO19, MO2, MO20, MO21, MO3, MO4, MO5, MO6, MO7, MO8, MO9

**Report (Resit)**

Description: Reflective Report (3,000 words maximum)

Weighting: 100 %

Final assessment: No

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO13, MO14, MO15, MO16, MO17, MO18, MO19, MO2, MO20, MO21, MO3, MO4, MO5, MO6, MO7, MO8, MO9

**Professional Practice Report (Resit)**

Description: Professional Practice Learning Log maintained over a minimum of 2 years' full-time supervised practice

(Pass/Fail)

Weighting:

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO10, MO11, MO12, MO13, MO14, MO15, MO16, MO17, MO18, MO19, MO2, MO20, MO21, MO3, MO4, MO5, MO6, MO7, MO8, MO9

## **Part 5: Contributes towards**

This module contributes towards the following programmes of study: