



## **Module Specification**

### Care of the Adult with Diabetes

Version: 2024-25, v2.0, 18 Mar 2024

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## Part 1: Information

**Module title:** Care of the Adult with Diabetes

**Module code:** UZTR3Q-20-3

**Level:** Level 6

**For implementation from:** 2024-25

**UWE credit rating:** 20

**ECTS credit rating:** 10

**College:** College of Health, Science & Society

**School:** CHSS School of Health and Social Wellbeing

**Partner institutions:** None

**Field:** Continuing Care Adult Nursing

**Module type:** Module

**Pre-requisites:** None

**Excluded combinations:** Care of the Adult with Diabetes 2024-25

**Co-requisites:** None

**Continuing professional development:** Yes

**Professional, statutory or regulatory body requirements:** None

## Part 2: Description

**Overview:** The module is designed to build on theoretical knowledge and strengthen practical skills to enhance the management of people with diabetes in any setting. This will enable students to assess, plan and deliver effective care to individuals with diabetes.

**Features:** Module Entry Requirements: Students must be Registered Practitioners

**Educational aims:** For students to:

Further develop knowledge and understanding of the pathophysiology associated with Type 1 and Type 2 diabetes, and their impact on individuals, their family and carers

Discuss contemporary issues in diabetes care management, and apply evidence, guidelines and national and local policy frameworks in managing complex clinical situations

Demonstrate understanding of pharmacological and non-pharmacological strategies for the clinical management of diabetes and the prevention of complications in a range of patient scenarios

Develop and evaluate care strategies that promote health and minimise the physical and psychosocial impact of diabetes and its complications and evaluate own role, and that of the multidisciplinary team, in the care management for individuals with diabetes

**Outline syllabus:** The syllabus would typically include:

Physiology of diabetes:

Pathophysiology of Type 1 and Type 2 diabetes and how this relates to the normal physiology of insulin production and mode of action

Initial diagnosis and investigations in diabetes

Typical progressive patterns of diabetes

Pharmacology

Management of diabetes:

Psychosocial considerations in diabetes management

Health promotion in diabetes and the role of lifestyle modification and behaviour change theories

Nutrition

Causes, prevention and treatment of acute emergencies

Principles of self-management

The importance of monitoring in preventing acute and chronic complications of diabetes

Retinopathy, Nephropathy, Neuropathy, Macro and Micro-vascular disease

Living with diabetes and maintaining optimal health:

The implications of ethnicity, gender and health beliefs

The principles of structured education in diabetes

Specific management of certain groups of patient i.e. inpatients, young people, pregnant women, older adults and frail people

Professional issues:

Multi-disciplinary roles in diabetes care

National and Local policies relevant to diabetes care and management

Contemporary research and application to evidence-based care in diabetes management

### **Part 3: Teaching and learning methods**

**Teaching and learning methods:** Scheduled learning includes lectures, seminars, tutorials, reflection on practice and work based learning.

Independent learning includes hours engaged with essential reading, case study preparation and presentation, assignment preparation and completion.

**Module Learning outcomes:** On successful completion of this module students will achieve the following learning outcomes.

**MO1** Demonstrate knowledge and understanding of the pathophysiology associated with Type 1 and Type 2 diabetes, and their impact on individuals, their family and carers

**MO2** Discuss contemporary issues in diabetes care management, and apply evidence, guidelines and national and local policy frameworks in managing complex clinical situations

**MO3** Demonstrate understanding of pharmacological and non-pharmacological strategies for the clinical management of diabetes and the prevention of complications in a range of patient scenarios

**MO4** Develop and evaluate care strategies that promote health and minimise the physical and psychosocial impact of diabetes and its complications

**MO5** Evaluate own role, and that of the multidisciplinary team, in the care management for individuals with diabetes

**Hours to be allocated:** 200

**Contact hours:**

Independent study/self-guided study = 152 hours

Face-to-face learning = 48 hours

**Reading list:** The reading list for this module can be accessed at [readinglists.uwe.ac.uk](https://uwe.rl.talis.com/modules/uztr3q-20-3.html) via the following link <https://uwe.rl.talis.com/modules/uztr3q-20-3.html>

## **Part 4: Assessment**

**Assessment strategy:** This module has one assessment task

A 3000 word essay which explores a review of an individual with diabetes. This should include:

Biopsychosocial issues for the patient

Intervention strategies and priorities on the part of the healthcare professional

Clinical goals

The essay should also demonstrate an understanding of the pathophysiology of the disease process, and the impact on the individual. Knowledge of accepted guidelines and their application to practice should be evident.

Students will have the opportunity to receive formative feedback on a a section of draft work as per current academic guidance by the module team.

**Assessment tasks:**

**Written Assignment (First Sit)**

Description: A 3000 word essay

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

**Written Assignment (Resit)**

Description: A 3000 word essay

Weighting: 100 %

Final assessment: Yes

Group work: No

Learning outcomes tested: MO1, MO2, MO3, MO4, MO5

**Part 5: Contributes towards**

This module contributes towards the following programmes of study: